

# **Perpetual Yogic Agriculture**

## **(Shashwat Yogic Kheti)**

**A Novel Step towards a New Era**

**Rural Development Wing  
Education and Research Foundation**

## **Work for re-establishment of the Elevated society -**

To create a new dimension in the field of practical life in the society, persons from different backgrounds are playing vital roles. In this world of rapid and uncertain changes and degradation of moral

values, this institution is working for finishing personal and social life problems through self and supreme father's recognition and spiritual awakening.

Through the practical training of Meditation, one can gain mental peace and improve spiritual powers to maintain loveful and co-operative relationships in society.

## **Rural Development Wing**

India is an agriculture dominated country and 70% of the population depends upon agriculture for their livelihood. After independence, the urban areas have been developed comparative to the rural areas which are still undeveloped / underdeveloped. The aim of the Rural Development Wing is to re-establish spiritual, cultural and moral values in rural population. Through spiritual knowledge and the Education of Easy spiritual, removal of blind faith, Rural Cleanliness, Co-operative efforts of Rural Population for Development, de-addiction etc., can be easily achieved. By applying the technique of Yogic Farming with less expenditure, more beneficial satvic, Healthy and poisonous residue free food, fruits and vegetables can be grown.

In the beginning of golden era of the world drama, each human being was perfect and possessed all qualities, all the attributes and divinity. At that time there was holistic health, imperishable prosperity, total bliss and peace, and the lifestyle was based on divine culture. The real cause of this was the easy availability of tasty, pure and healthy food, flowers, fruits, vegetables, etc. It was due to the practice of pure agriculture. God, the supreme soul, the supreme father, is creating such new age once again.....

In such a transformational period, the Rural Development Wing of *Pragatishiila Utkal Samaj* and Education and Research foundation, , is going to propagate ***“Perpetual Yogic Agriculture Project - A Novel Step towards a New Era”***. It will surely be a guide to all and useful for the farmer brothers and sisters, specifically of India and consequently of the whole world. I heartily congratulate all the participants of Rural Development Wing. While giving inspiration for the success of the new project, I praise all of you. I wish you all the success which is your birthright.

## PREFACE (THE FOREWORD)

In the prime time of the golden age on this earth, nature was totally *Satopradhan* (pure and perfect). Agriculture provided pure and nourishing food-grains, fruits, vegetables, milk etc. and they were available in abundance too. Because the human beings of that age were in their purest forms (*Satopradhan*), they all had totally healthy mind and body. Each human being was called god-goddess, perfect with divine virtues as pure mind and body. Human beings possessed a sense of love for one another, practised mutual co-operation, harmony, happiness, peace and purity and, therefore, India was known as the golden sparrow replete with peace, prosperity and happiness. According to the irrefutable rule of cosmic cycle, human souls, along with the five elements of nature suffered gradual degeneration and passed through the stages of *sato* (Silver Age), *rajo* (Copper Age) and *tamo* (Iron Age).

Consequently, the *Satvik* (purest) powers of both the soul and nature also got more and more weakened. During the Middle Era (i.e. the Dwapar Era), the soul, forgetting its own original form, was influenced by body-consciousness and became its slave. As a result of this, all the vices entered in it. This resulted in gradual increase in population as well as desires. Problems like unemployment, violence, rapes, etc. became rampant. Selfish attitude cast its evil shadow in such a way that human souls started playing pranks with nature and started exploiting it rather than living with it. In order to increase crop output, chemical fertilizers and insecticides were used during the Second World War. In the present times, the temptation of producing more food-grains has forced the farmer to adopt and implement newer and innovative techniques. As the population increased, the pressure for producing more food-grain also increased and, thus, the use of chemical agents too increased. As a result of this the fertility of mother earth diminished to a great extent. Fertile Land became infertile. All the elements of nature mental llos attitude their balance violent. The Multifarious grain pro diseases ucd with engulfed reedy and violent attitude also made everyone

their minds and bodies. Uncertain and imbalanced transformation of elements gave rise to famine, earthquakes, tsunamis and floods all around. Along with such natural calamities, numerous insects and diseases also influenced agriculture. All these things have emerged due to the impure actions and selfish attitude of man. “ ”

According to study conducted by **Vigilance Food and Agricultural Union 1988, Rome** findings, it is very essential to manage natural resources properly for sustainable rural development. Man has to ensure easy availability of basic needs like food, clothes and shelter for all in the world, so that the next generation can live happily and in peace.

To fulfill this dream, it is also necessary that we maintain proper balance of environment along with conservation and enrichment of the resources namely Land, Water, Flora, “ Fauna, and organic resources or bio-diversity”. Hence, will have society to be developed and financial acceptable *Tantrik* knowledge i.e (Technical knowledge)

Along with mass production of agriculture produce, it is equally important for health that we know - who produced it? And how did he produce it? It is the call of time that we understand our eternal self and the Yogic Processes, for applying them to the

concept of **Perpetual Yogic Agriculture Plan** and make it popular, so that we can make the dream of golden age tangible or bring it to reality.

We will create awareness and the **Perpetual Yogic Agriculture Project** among the farmer brothers and sisters for over two years. Many Rajayogi farmer brothers and sisters of Maharashtra and Gujarat (states of India) which are in touch with this Vishwa Vidyalaya (University) have applied the powers of Rajayoga Meditation to their farming process. They have also evolved newer and innovative methods and techniques of preparing organic fertilizer on their own and have used them in their farming. They have succeeded in getting better crop output at lesser costs. It is a novel step towards bringing a new era, the golden era on earth.

God father, the supreme soul -- the most knowledgeable of all, the knower of the beginning, the middle and the end of this world and Firmament, the ocean of knowledge, the bestower of peace and happiness is bringing about a change,

His *shrimat* (dictat or command) is:

state, connect your intellect with me -- the Knowledgeable Supreme Father. My own ocean of powers will make your thoughts powerful. Then your pure and the best thoughts will achieve all successes. Things considered impossible will also become possible. This is not any magic or's clairvoyance but the science of spiritual agriculture. The use of soul-power and supreme-soul powers is at its peak level in this experiment. Such a performance" is possible only through the best, the purest, and the most powerful vibrations of your emotions.

So, the time is ripe now that we make the farmers, who are our patrons to make them aware of these developments. They need to know their own self-respect (*swamaan*) and the powers that they possess within. It is our earnest wish that the farmers first learn the method of Rajyoga and then experiment the knowledge and skill thus gained in some part of their plantation. This will enable them to become successful through experimentation. They will become authority of experience. The process requires that they do not use any chemical fertilizer, nor any insecticides and/or toxic medicines. They need to empower their plantation only with home-made organic fertilizer. They will also need to give *sakaash* (energy-field) of meditation and use all the seven qualities of soul with concentration and determination. By adopting such a process, they will be able to produce pure and pious food-grains, fruits or vegetables available for their own use. Having succeeded in the experiment thus conducted, they should inspire other farmers with whom they come into contact. They, thus, will be able to comprehend their own hidden treasure of spiritual powers. The entire process will enable the whole world including India to become prosperous. India that is Bharat, then, will have achieved the status of *Guru of the World*. The Work of the divine power will "perpetual then have yogic become Agriculture evidentum project. Produced with great and well meaning.

The report is for good wishes. We hope that farmer brothers-sisters will get correct information about the novel farming processes through this report.

With all the Best wishes

# Divine Inspirations

## Change the Nature through Attitude (*vritti*)

1. The easiest instrument to get success in any action is – through vibrations of attitude and to create atmosphere through those vibrations. As a rocket is an instrument of science that runs fast; similarly your spiritual and virtuous feelings, the attitude of good wishes also can change the vision and the world around you. Sitting at one place, you can do service even through your attitude.
2. Your attitude will be spiritual and powerful only when you do not have any atmosphere generated by negative vibrations in your heart. Always keep your mental attitude pure. At first, make your waste and negative attitudes positive. Let there be no ramshackle or disturbance in your mind. Only then shall we be able to do service with positive attitude.
3. When the instrumental soul stops waste thoughts in a second and converts them into best, it spreads the influence of positive attitude in the surrounding atmosphere. Only then the response of *mansa seva* (Service through mental vibration) will be felt in its practical form. Increase *Mansa* (mental) powers by curtailing the details into essence and use them.
4. Do the exercise of mind. Convert yourself from *Sakari* (corporeal form) to *Akari* (light form) and from light form to *Nirakari* (incorporeal form), several times in a day for at least 5 minutes each time. By doing this mental exercise, your mental energy will become powerful and powerful *Mansa* will be able to exert its influence whenever and wherever it wants.
5. According to the need of the time we are passing through, it is necessary to do speedy and intense efforts (*pursharth*) of changing our surroundings through our attitudes. Our attitude and vibrations create an atmosphere and the atmosphere changes the nature. But always keep your attitude positive. If you listen to any negative matter through one ear, remove it through

other. Then you will be able to do the service of creating atmosphere through attitude speedily. 6.

For world transformation or transformation of nature, simply remember the term “blessing” (*Dua*). When your material pictures are giving blessings, fulfilling everyone’s wishes through your *Vritti* (attitude), then what is unattainable or impossible for your Living form? Just give blessings and accept blessings.

7. Each one of you, the Master Almighty, have such power in your thoughts that whatever you want can happen. Just use the key of determination in time.
8. You can change the difficult land with the power of silence.. Thoughts can also create a world. So with the thought generated from pure feelings and with the vibrations of upwardly mobile state or attributes (*chadtikala*) transform the earth. This power of silence will offer you the garland of success around your neck.
9. In future, you will experience the practical proof of powerful and pure feelings generated through the power of silence. For that you have to take the oath of being in concentration, i.e.  
  
remain spiritual. Also, take oath of remaining introvert. Then alone you will be able to show the splendour or magic of the Omniscient to the souls of the world.
10. All of you have taken upon yourself the responsibility of purifying the nature through the power of your own purity. So BapDada want that every child of them in the whole world becomes free from any type of attachment -- towards either means or individuals.
11. When you serve people through internal attitude along with your speech , this double service will make the surrounding powerful and Nature will then become your servant. Instead of disturbing you, it will serve you like an obedient servant.
12. Divine intellect is such an instrument through which not only an individual but also Nature can be made divine. When an individual becomes spiritual, he automatically starts influencing the Nature. If you keep your divine intellect in emerged state, you can change Nature also. This is the blessing from the Supreme Soul.
13. When your own stage is detached and loving, you will be able to do the service of spreading powerful vibrations by remaining in the state of lighthouse-might-house.
14. The first sign of experimenting soul is – he always succeeds in his experimentation with his own *sanskars*. The Second sign is that – He always overcomes all the situations that emanate from the Nature through using yogic-experiments (meditation).
15. You Brahmin souls are the *purshottam* (Best of the Human) souls. Nature is the maid-servant of such *purshottam* souls. At present, you not only transform the souls but also transform the nature. The more powerful your vibrations become, the more *Satoprathan*

the nature becomes. This is how the nature and the attitudes of human souls will be changed. Change the human souls through attitude and nature through vibrations. This is why the attitude of agents of change should always be powerful not common.

16. Through your pure *drishti* (vision), both the souls of the world and the nature are becoming pure. Your *drishti* is changing the world. Your good actions are creating the virtuous world.
17. You children change the world with the power of *yaad* (meditation or remembrance). *Yaad* means the power of silence through which the individual as well as Nature gets changed. So, the individuals need to be changed and so need Nature. When you give course to individuals, they may change but you cannot give verbal course to Nature. You can change Nature with the help of power of Meditation.
18. This lone thought within you “My Father and Me” is called meditation. When you enter into powerful meditation, all your thoughts will become calm and cool. All the other thoughts will Protecting the cosmic life is the duty of all human beings and the highway to that goal is perpetual Yogic Agriculture. get merged except the experience of personal meeting with Baba. Don’t let the thoughts go haywire. When you say "stop", and they must stop too. You should have such a controlling power.
19. The fruit of your feelings is the change in the souls of the world. Even Nature will change in future. The pure feelings of you, the souls, will give you such best fruits.
20. Do you know the importance of your pure feelings? Do you use them just like that or after knowing their importance ? People also use the word “pure feeling” but your pure feelings are not only pure but also powerful because you are the *shreshth* (the best) souls of this confluence age. According to the drama, confluence age has the blessings of achieving *pratyaksh* (cognizable) fruits. Use it after knowing their importance.
21. As the means of science become the instrument for making close relationship among the souls, your voice, your message, and the scenes reach out to distant souls .If the means of science power can give such a result of closeness for a short time , the pure and powerful feeling of silence can give such results for very long time, can’t it? For that, you just accumulate the power of silence.
22. Pure feeling means powerful thought. The speed of thoughts is faster than all the other powers. Science makes speedy instruments but the speed of thought is much more than that. So this subtle *Mansa* service from you, the world benefactors, will make others experience it in practical. This service needs lesser time and means, and even wealth too is required less. To

do this service, just make your mind and intellect free. Pay special attention to “solitude and concentration (one-pointedness)”.

23. Soul loving solitude becomes powerful in such a way that his subtle powers, i.e. mind and intellect, can do wonderful work by concentrating themselves at any time, at any place. You are also the master of Nature. When you are transformed, Nature too will have to get transformed. This is the time when you are becoming *Satopradhan* and, hence, the nature is also changing from *Tamo* (the worst) to *Sato* (the best). Keep this intoxicating thought in your mind and doing so, perform the experiments of meditation with pure feelings.



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~~We shall replenish our agriculture with purity and shall definitely go  
for Vermi and Yogie Agriculture.~~

# NEED OF PERPETUAL YOGIC AGRICULTURE

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There are various methods of agriculture and crop cultivation applied by the farmers in the world. Science has made easy availability of wheat, pulse, oils, vegetables, fruits, and milk possible. However, the produce lacks in good taste, nutritional value and in the absence of purity and vegetarian nature of food, our mental and physical health is becoming poorer by each passing day. In the bygone eras, people enjoyed healthy body and long life. We have to rediscover those processes and virtues again so that our mother earth has blissful state, peace, prosperity, wealth and food-grains in abundance. **Perpetual Yogic Agriculture** is the call of time towards that dream.

## **The following are some of the methods of farming**

### **:-1. Natural Farming**

In the initial era there was such a planned management among the five elements of nature that the atmosphere remained evergreen. Everything was naturally and easily available to all the creatures of nature -- trees and plants along with the deities. It was called golden land. During the middle era, there was growth in population. And, therefore, wherever they found fertile land and abundant sources of water, the farming too, got enhanced. During this era, man employed natural farming. The Chinese and the other travellers from distant countries, who came to India before and after Buddhist age, described in their travelogues the farming done in India with great respect and in an appreciative manner. They mentioned with great detail the prosperous, abundant, beautifully natural and self-sustaining farming practised in our country.

It is expected in natural farming that men practise the dictum of minimum interference or intervention. They need to intervene to the minimum level and allow all natural processes to take

place unhindered except reaping the crop from the farmland. It was in 1930, in Japan that “Oar

Vada Association” started manufacturing natural compost or manure and began using it. They call it Cusei. Mr. Masanobu Fukuoka, the well known Scientist of Japan, presented the philosophy of natural farming to the world through two of his books namely, One Straw Revolution and Natural Way of Farming. The books were based on his experiences of experimenting with natural farming process on the island of Shikok in South Japan. People from every corner of world go to the Shikok island of Japan to Decipher, the mystery of natural farming. Mr. Fufuoka used to address the natural farming process with Indian spirituality. He believed that the final purpose of farming is not only to produce crops but also to take the man towards perfection by developing his personality.

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His successful experiments on paddy and orange are famous in the world. Mr. Fufuoka had studied and experimented natural farming for many years and evolved a method which, according to him, is based on four fundamental principles: (1) Do not plough the land. Do not use any cultivator. (plough or tractor), (2) Do not use any chemical fertilizer or compost (manure), (3) Do not use any tool or medicine during weeding sessions and (4) Do not use any chemicals. He stressed the need to abstain from doing any of the these four doctrines. He also vouched for the natural system of covering system and also the process of split grains.

In California and Hawaii states of the USA, people adopt natural farming process by conservation of micro-organisms and bacteria. They get the required farm nutrients from the farm alone. It functions as the organic manure.

In India, many institutions and persons have adopted natural farming. Among them the experiments of Rasuniya Agraval of Hoshangabad, Oriville ashram of Pondicheri; the experiments of Fatak Guru on the tree of mango in Dapoli (Maharashtra); the experiment on the tree of chiku (name of fruit) in Dahanu (Maharashtra); the experiments on monsoon and winter crops in Mohanpur of Bijnaur district in Uttar Pradesh prove the importance of natural farming.

## **2. Organic (Bionic) Farming Method**

To provide an alternative to the chemical fertilizer, Sir Rodale in America, Madam U. Balfore in England and Sir Albert Hovard in India started organic farming in the year 1940. By the year 1980, the Agriculture Department of America defined organic farming in this way-- A method in

which there is no use of either chemical fertilizer or insecticides for increasing crop-yield. As far as it is possible, adopt the alternate crop growing techniques, compost made up of beast's excreta,

and leguminous crop and green waste is called manure. Along with it, to improve the fertility of land and availability of water, the management of the ancient digging method (Mashagat Process) has to

be adopted. Similarly wherever we use organic insect control method, cow-urine and earthworms, it is known as “organic farming”. Briefly, by making the natural farming process practical-easy, it gets converted into organic farming.

### **3. Organic Farming Method**

In this method, the attention is paid more on using organic ingredients to the exception of chemical fertilizer. They use organics in seeding process, process of dipping plant roots and in the sprinkling process. For example, organic insecticides like Trycodrma, Glioclodium, Sudomonas,

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**Nutritious and Purified food, secret to healthy and powerful mind.**

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Besilus, and organic manures like, Azotobacter, Rhizobium, Azospirillum, etc. are used in the farm. Similarly, the insects mixing phosphorus, Microrhiza, Asitobacter, Bredirhizobium and azola are used in the soil. In this method, they use the distillates of the leaves of trees for curing different diseases by spraying them. This is the purpose of producing organic ingredients. In organic farming, it is also necessary that we use those breeds of crops which produce more and possess enough resistance power to fight against any infestation of the insects. This will pave the way for healthy and nutritious food grains production. In this method, more attention is paid on the efficiency and energy. To some extent, chemical ingredients like copper, sulphur etc. can be used, for example: to control the disease Bodo mixture, sulphuric powder etc.

#### **4. Integrated Intensive Farming**

Dr. M.S. Swaminathan, the father of green revolution and the well known Agriculturist, established Integrated Intensive Farming Method. It has three main factors – Unification of farming,

variety and Value Addition. It is necessary that the crop cultivation is associated with the health of the farm; make the physical availability of the food grain and financial benefits to the weaker sections of the farming community. It should address the financial needs of the poor and satisfies his needs. If the traditional method of relying on the local resources available for the farming process is practised, the economic burden of farming is reduced and the crop yield too - increases. The farmer needs to make use of all the resources available to him -- like animal dung, Urine and the crop-remains from variety of crops. It includes compost, golden manure, worms etc. They are instrumental in increasing both the crop yield and quality or health of the soil in which they are used.

#### **5. Yogic Agriculture**

Human as well as animal life was pretty long in the bygone eras because their daily routine was in tandem with the cycle of Nature. They depended and consumed only the roots and fruits provided by the flora on earth. Even common man was very healthy and happy. Sages and Saints, too, spent their lives in isolation in the natural environment of mountains and caves. They, too, had a very long

lifespan. Their proximity to the Supreme Soul and also their penance made seemingly unattainable things easily attainable. As the remembrance of the Supreme Soul was incessant in their mind, their mind, intellect and *Sanskars* (personality) became perfectly pure, i.e. *Satopradhan* and the Life Force Energy maintained its peak status throughout their existence. The aura of their

pure vibrations continued to reach newer and newer horizons. The ultimate goal of human existence

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**Use of Yoga in Agriculture will yield good crops**

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**and make you healthy.**

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on this planet earth is to Live a Peaceful, Happy and Contented Life. As the food that we consume has its impact on the mind of the person who eats it, in the same manner our mind, too, has profound impact on the holistic health of the person. It is now a firmly established fact that the state of human mind directly affects the state of health of an individual. When a person maintains continuous remembrance of the divine in his mind, his mind remains peaceful. He experiences non-sensuous, i.e. divine happiness. He lives a life full of self-control and becomes the embodiment of Perfect Being with Command over all Senses (*Maryada Purushottam*).

It is common experience of the Children of Brahma (Brahmakumars and Brahmakumaris) that the blessings of the divine and the practice of Easy Rajayoga bestow upon them the powers of the supreme. Besides this, the worldly (*Alokik*) life is blessed with fulfillment and contentment. There exists total equality, i.e. balance. The way Yogis affect other human beings, in the same manner they can also affect the surrounding, atmosphere or environment because vegetation (flora) too has emotions. It has been proved by the Indian Scientist Sir Jagdishchandra Bose. If we make regular use of this principle of Yogic Vibrations or Power in the field of agriculture (say Yogic Agriculture), we can definitely get good positive results from the crops that we might reap. The

way the yogic vibrations affect the crops, is the way it affect all the five elements of Nature namely

– earth, water, air, fire and Space (*Aakash*). Entire vegetation, crops, trees, plants, micro-organisms, animals, insects, birds, and bacteria – in short the entire flora and fauna become full of energy,

vitality, through the divine power. Yogic Vibrations improve the quality of seeds and the fruits. They

become source of vital energy for themselves and for those who consume them. The crop yield, too, registers upward trend. Such is the experience of the farmers – brothers and sisters – who

practised Rajayoga Meditation and lived the life of a disciplined Yogi. This is at the foundation of the success of Yogic Agriculture.

Indian farmers are following the age old method of agriculture. They are also making use of insecticides, pesticides and chemical fertilizer. Quite a few farmers also use Organic method of farming. However, the concept of Yogic Agriculture is quite new to them. This is the method for sustainable growth of agriculture economical in nature. If the farmer, along with his traditional method of agriculture, adopts the Yogic Method of agriculture, he will be able to reap the benefits of Pure and Divine Vibrations of the Supreme Soul, and will also be able to improve the quality of the crop and the crop-yield, too. The farmer will be able to produce crops that are full of vitality

**Our mother earth calls upon you, “Please grow more food**

**through Organic Agriculture”.**

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and purity, easily and cost-effectively, i.e. cheaply. He will also be able to purify and invigorate and boost his mind, power of his speech and effects of his deeds. Human beings will become pure, full of peace, and happiness by applying their Yogic Power and Light (*Sakash*), in empowering the five elements of nature. He will experience a blissful ecstatic state. Yogic Agriculture will be successful through the experience of the Divine Powers endowed to the practitioner of Easy (*Sahaj*) Rajayoga. Yogic powers increase the crop yield and its quality reaches its peak. When one practises Rajayoga

Meditation, he gets emancipation or liberation and also the benefits of the Golden age. In the same manner, when one practises Rajayoga Meditation – collectively, with family or individually – with

immense regularity, the yield that he reaps also becomes Pure in nature i.e. *Satvik*. This is the experience of the Brahma Kumars/kumaris. They have tasted the fruits of success in their agriculture through the practice of Rajayoga meditation.

Easy Rajayoga is the process of remembering our Father, the Supreme Soul with our hearts full of love and concentration. We, the souls get steadied in our original state and experience Happiness, Peace, Love, and Blissful or Ecstatic State. All the sacred powers that are beneficial for human beings get imbibed in us. We get pleasure beyond the scope of senses, i.e. ecstatic bliss. Vibrations of divine values, thus imbibed, also befriend the surrounding atmosphere or environment for our benefit. We need to have concentration of Mind and Intellect and also maintain goodwill for

all. We need to have such a powerful control over our minds and intellects that we are able to concentrate them at will – whenever, wherever and for any length of time that we find necessary.

When we are blessed with the divine presence, we attain a permanently blissful state. We can also empower the birds and insects and the animals around us through this process. According to the edicts or commands of the Divine, the duration between 4.00 a.m. and 5.00 a.m. (Amritvela or

*Brahm Muhurt*) is the best period for experimenting with the Yogic Vibrations. This Yoga makes our thoughts, speech and actions very powerful. The Yogi maintains the

state of Master Almighty Authority and Master of All Nature Elements by remaining in the Self Respect given to him by the Almighty God.

By practising this Yoga regularly, one can get following results in the Perpetual Yogic and Organic Agriculture:

**Results of the Perpetual Yogic and Organic Agriculture :-**

1. Micro-organism attain Vitality, Energy and Dynamism through Yogic Vibrations.

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**Simple Life and Elevated Thoughts;**

**Organic Farming is the True Task.**

We are able to control crop diseases and harmful insects by using organic material. We can also control them by using the essence of leaves and organic manure.

2. Land becomes fertile through the use of compost and manure manufactured by the crop residues, animal dung, organic fertilizer and the manure manufactured by the reptiles.
3. It requires little effort to make land fertile, empower and activate micro-organisms, controlling diseases, and increase crop-yield. It also increases Land cover.
4. The Domestic and Farm Waste also increase the fertility of the land.
5. The crop-yield is clean, tasty, nutritious, pollution free and pure.
6. Non-use of chemical fertilizer results in land, water and environment maintain their pollution-free state.
7. It is cost effective (production cost is low) due to use of solar and natural energy.
8. The method of crop-circulation and spreading pure vibrations through Rajayoga Meditation results in increased crop-yield.
9. We get perpetually pure food-grains due to practice of collective or individual Meditation.
10. The land becomes more fertile due to use of most of the organic materials from the farm – like dung, urine, bio-fertilizer, compost, grass, organic manure, methane gas etc.
11. If we invest our Yogic Vibrations on the seeds or saplings before they are sown or planted in the field, the crop yield is greater than usual.

It is a fact that by following the dictates of the Divine, by observing the brahminical Code of Conduct, and by practising “Perpetual Yogic Agriculture”, we can reap rich dividends for sure. Sir

Jagdishchandra Bose has proved that there is a definitive impact of emotions on the flora of the world. All of you are requested to practise Yogic Agriculture by keeping this principle in your mind. If violent animals too can become non-violent, the productivity of the vegetation in the form of crops, too, can increase. This is at the core of the Yogic Agriculture.

**Keep off Blind Faith; Go for Organic Farming dear brethren.**

## PERPETUAL YOGIC AGRICULTURE

We have been listening for some time about organic farming process. Many a farmers have been using this type of farming technique. However, it is essential at the present day, farmers adopt the Farming Technique that uses Rajayoga Meditation. This is the call of the time.

We have heard about Sages entering into penance, i.e. *tapasya* (meditation) in the ancient time. Some seers and holy men did penance and meditation, seating themselves in any isolated cave in the mountainside. The influence of those seers (saints) reached far and wide. If a person happened to enter into their his or Ashram unwittingly, all the internal violent feelings used to get pacified. The person also used to forget all his sorrows and worries entering into the ashram environment. We have also heard and seen in the pictures, that even the violent animals also used to sit peacefully near the seer. By this, we mean to say that there used to get accumulated some sort of wonderful power of penance or *tapasya* or meditation. This power converts impossible into possible.

God, the supreme soul has taught very easy yoga. There is no role of *mantra pranayam*, or *asanas* (physical postures) in this yoga. Rajyoga is such a *sadhana* (practice or penance) that guides the person onto the way of perfection by making him divine. The simple meaning of this easy yoga is ..... “ **remember supreme soul**”.

In Rajayoga, the first thing that is very essential is to have the knowledge of the self and that of the supreme soul. Who, after all, am I? With whom would I connect myself during meditation?

The easy Rajayoga method involves that we consider ourselves as divine point of light, the soul, and to have all relationships with the Supreme Soul, who, too, is a divine point of light. This relationship has to be based on the foundation of love. It ultimately makes the soul an authority and also makes him have all the achievements from the Supreme Soul . To connect the relationship between the soul and the Supreme Soul, we need to have only the best of thought power, based on the concept of equality. The way a battery, which is connected to the powerhouse, gets filled with power again, in the same manner by connecting with the supreme or entering into relationship with the Almighty Authority Supreme Soul (who is the source of all virtues and powers), the soul gets all the powers and virtues from Him.

The first step of Rajayoga Meditation is to attain the soul-conscious stage. There is no need to shut your eyes because Rajayoga inspires us to perform karma yoga. One cannot perform his duties (Karma) with eyes shut. Rajayogi maintains his soul-conscious stage at all times. There are three main subtle powers of the soul – Mind, Intellect and *Sanskar* (impressions or personality or resolve). With the help of these powers, we can feel the existence of the Supreme Soul during meditation and can also make others feel Him or His presence.

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**The Thinking power of the soul is called Mind**

**The Decision making power of the soul is called Intellect, and**

**The impression of What we do or decide affects our memory and, therefore, is called Sanskar.**

Thoughts are generated in our mind. The quality of our thoughts creates our *Chitta*. It also creates our attitude, and that culminates into our opinion.. We behave according to our opinion. Our behaviour is either good or bad and finally our personality is developed through our deeds. This is the reason why in our experiments with the Rajayoga meditation, we have to pay great attention on our thought patterns. Pure thoughts are the source of pure vibrations, and pure vibrations create a pure atmosphere. Only through pure atmosphere all around us, we can have good experiences.

In Rajayoga, the soul experiences ultimate bliss and ecstasy. When the soul is in that state, the vibrations that emanate from the soul change the atmosphere. If you have good thoughts during the meditation, the atmosphere, too, changes accordingly. After having entered into such a state, if you think positive about anything, any person, animal, or vegetation irrespective of where they are, very far or very close, our vibrations reach them. Our good vibrations influence them and activate every gene or they affect the internal energy field.

We, as soul, possess the original quality of being knowledgeable, pure, peaceful, loveful, blissful, joyful, powerful and are adorned with all divine virtues. The Supreme Soul is the ocean of or the source of all these divine virtues and powers. Believing ourselves as soul when we remember the Supreme Soul, all His divine qualities and powers get into into the soul and the soul feels itself replete with all those qualities and powers. One needs to remain in this state with full concentration power. We can attain and increase this concentration power by practising over and over again. Initially, start with one minute then gradually increase it two, three, four , five and up to ten minutes. If you practise it with concentration, the vibrations start spreading in the atmosphere and everybody, including mother Nature experiences its impact. Because of our body-consciousness, all creatures, birds, beasts,

animals, trees-vegetation and also nature are experiencing ill-effects of our evil thoughts. When one practises easy Rajayoga, he considers **himself as a soul, i.e. becomes soul conscious**

**and the influence of soul-consciousness on the thoughts is positive.** Thus he starts affecting them all in a positive way. In Rajayoga meditation, our thoughts are vice-less and, therefore, everyone feels good. What is true for living beings and other souls, the same can be true for the flora and fauna of the world around us. What we have to do is to use the same technique for the

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**What is new in Agriculture Wow – Yogic Agriculture Here and Now.**

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trees-vegetation and crops.

At present, most of the farmers are using chemical fertilizer and insecticides. It has affected production capacity, which is reducing day by day. The land, too, is losing its fertility. Under these circumstances, organic and yogic agriculture has become essential. With the use of organic manure, the land becomes live and through the experiment of Rajayoga the land and vegetation receive more power. Thus, the quantity and quality of the product are increased. To achieve this goal, you can practise Rajayoga meditation in the following manner :-

**1)Rajyogi farmers, who practise Rajyoga meditation Giving *saakash* (help through vibration) to the crop in the Morning from 4:00 to 4:45 a.m. at Amritvela ..... regularly, in the consciousness of master owner of nature (*prakrutipati*) equal to Supreme Father, i.e. Supreme Soul and throw vibrations of meditation on their planation :-**

**Experiment of Easy Rajyoga:-** I am the owner of nature..... God Himself is looking at me and saying that children you are not ordinary, you are the richest and highest .....Do this practice five times throught the day, sitting in the farm before the crop.

Initially, feel the self as if it were complete with all self respect (*swamandhari*) .....experience

original form of the soul...then in angelic form (*farishta*), experience yourself as if you were in front of Bapdada in subtle world (*sukshma vatan*) .....removing all weaknesses, feel yourself

perfect.....leaving subtle body a side, be bodiless (*ashariri*) .....feel yourself as combined with Shivbaba in Incorporeal World (*paramdham*)..... feel equal to baba.....keeping the

self in this position give *sakaash* to the five elements of nature and feel all the elements, viz. the earth, water, air, fire, sky, moon-stars, planets are becoming pure.....all bacterias, insects, viruses, animals, birds and beasts etc. are feeling Godly treasures..... emerge the self as seating on the globe being a complete angel..... Being a complete and pure angel along with Bapdada, I am reaching in the farm.....I am chatting with Bapdada about experimented agriculture.....looking

at the crops also Baba is giving powers happily and the crop is becoming *satopradhan* (purest

form) .. all the bacterias of land , water and air also becoming complete with Godly treasures.....they are helping in making the crop healthy for God-cognition ( *paramtm-*

*pratyakshta*) the races of purity and powers are spreading from the eyes of Bapdada on the crop and in that area.....crop is growing in good manner and the grain is also becoming

**Bring Unity and goodwill on one platform – grow more food**

**with Yogic Agriculture.**

powerful.....sometime bring your experimented farming in front of Bapdada in the subtle world and in subtle world, Bapdada is giving *sakaash* to the crop.....they are giving such powers to the crop that any type of insect or disease cannot enter into the crop.....do this experiment everyday at one time at one place.....you can sit either in the farm or in the home.....

**Practise karmyoga throught the day while farming :-** While working in the farm, emerge the farm on the globe of world.....the crop is receiving all the powers of Baba through me.....I, the perfect angel, am working in the farm..... experiment the power of silence specially.....wherever you are .....in whatever condition....and whatever you have.....with whomsoever are you..... Remaining in this position, concentrate on the action which you are performing.....while working in the farm there must be flow of positive and elevated thoughts.....if you pay attention on your thoughts.....automatically everyone's life will be happy along with you.

To nourish and protect the world is human duty. How positive and negative thoughts affect deeply to the vegetations is seen and experienced practically in organic farming. Vicious thoughts or emotions reduce the power of vegetation. Not only this but vegetation is also affected by our positive or negative thoughts which in versely affect us through the food. Thus, it prepares a cycle of more joy, salvations, happiness, peace or of more sorrow or sicknesses in the life of human beings.

Before sowing any seed, give *sakaash* to that seed, Baba's powers are entering to the seed and cover the seed with the power of purity.....then sow it in sweet remembrance of Baba into

the land. Similarly before casting any type of organic manure into the land, call Bapdada to the corporeal world or you go to subtle world and make it powerful and cast it into the land. If you

want to sprinkle any resistance, medicine or tonic, first you experiment this method then spray it.....while spraying feel that I am spraying along with Bapdada directly from *vatan* (*sweet*

*home, paramdham*). There are so many such methods that you can apply as per your choice. Whatever experiment you are going to apply, it is very essential to have faith, trust and determination.

**2 ) Practice of Rajyoga based on the original qualities of the soul :-**

Initially believe yourself as a soul.....feel your original form.....I, the soul, am full with radiant light..point of light.....knowledgeful.....pure..peaceful...lovedful.....joyful... blissful.....then remember Supreme Father, Supreme Soul in Incorporeal World, who is also radiant point of light....glorious.....sun of knowledge .....the rays of knowledge are absorbing

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**No addiction – neither chronic dependence;**

**good bye to Chemical Farming.**

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within me.....Supreme Soul is ocean of purity...I, the soul, am becoming completely pure.....the rays of peace are coming to me from the ocean of peace .....I, the soul, am going to be very calm and cool ....the rays of love are falling on me from the ocean of love and I, the soul, am going to be filled with love.....I, the soul, am blissful.....the rays of bliss are coming to me from the ocean of bliss and making me feel super-sensuous bliss....Supreme

Soul is ocean of joy.....the rays of joy are coming to me and I, the soul, am filled with joy.....  
Supreme Soul Almighty Authority ...each ray of powers is coming to me and I, the soul, am becoming full with all powers.....Supreme Soul is the mine of all divine virtues.....I,

the soul, am going to be equal to Supreme Soul....

In meditation, practise more for concentration in above mention thoughts. Initially practise it for one minute then increase it up to five minutes. To practise Rajyoga, the time of early morning from 4-00 to 5-00 a.m. is best. At this time, the atmosphere of surrounding is very cool and mind is fresh. Fix any cool and clean place of your home for practising meditation so that you will get success easily. When we stabilise ourselves in the form of soul and remember Supreme Soul, visualise the above mentioned scene in front of you through intellect and see the experimented farming crop through the eye of intellect. Do meditation on it for five minutes. Through this practice, you will see wonderful changes in planation of crop.

### **The following are the significances of seven qualities of soul :-**

1. When I, the soul, remaining knowledgeable, remember the sun of knowledge, Supreme Soul, the availability of essential materials for the growth of vegetation increases in the land and the plants absorb their availability. To increase the availability of its required materials, vegetation sends message to the land through the roots. Intending to this practice, the vibrations of the soul reach to the vegetation; so all internal activities of the vegetation happen in its investigative form. There is no obstacle in reaching of food ingredients from the land to the leaves through the

roots, preparation of food and in reaching prepared food at its own place in vegetation. This practice is also useful in the function of increasing food in vegetation.

**An Experiment :** Take water in a vessel and keep your finger in it. Now practise.....

“I am knowledgeable soul. The rays of the sun of knowledge are coming to me and reaching into the water through the medium of finger.....” Get concentration in this single thought for minimum

10 minutes. Then sprinkle that water on the crop ..... it benefits more.....(such emotional experiments also achieve success)

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**My Earth is my Mother; She likes the Organic Farming.**

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2. When the soul sits in sweet remembrance of the ocean of purity being pure, our pure vibrations kill all the impure insects (virus, fungus, etc.) which are born in the land or vegetation due to pollution. These pure vibrations create a special type of energy in vegetation to face any virus or disease which attacks on it. This energy doesn't allow to increase such virus or disease.

Remaining in a pure form, keep your finger in water and remember the ocean of purity for 10 minutes with concentration. Then if we pour that water on the land or sprinkle it on the crop, the disease will be controlled.

3. Remaining in peaceful form when the soul remembers the ocean of peace, the land or vegetation receives peaceful vibrations. Through these vibrations, the stress which the land and vegetation have to face because of pollution is reduced and the activities of bacteria living inside the land are happening accurately. The activities like photo sensation and breathing process are happening easily. The green stuff is increased and the internal activities of vegetation are happening easily. Keeping your finger in water, remember the ocean of peace remaining in peaceful form for 10 minutes. It is useful if we sprinkle such water on the land or on the crop.
4. Remaining in a loveful form when the soul remembers the ocean of love deeply, the land and vegetation also experience the feeling of love. The land has the power to create the essential protoplasm for the growth of vegetation. The loveful vibrations help much in creating space for all the internal activities of vegetation like absorbing the food, growth, photo-sensation and breathing process etc. The reflection of pure feelings is achieved easily through this practice. Keep your finger in water and remember the ocean of love being a loveful soul for 10 minutes. If we sprinkle this water on the land or on the crop, it will be helpful.
5. When the soul remembers the ocean of bliss being a blissful soul, the vibrations of the soul increase the quantity of bacteria in the land and their functional capacity is also increased. The roots and branches of the vegetation are enhanced. The shape of grain or crop is enlarged and the nutritive-ness is also increased.
6. When we are lost in the ocean of joy being joyful, the hormones of the land are increased; vegetation gets better retention of flower and fruits. Vegetation becomes

radiant. Fruit or grain get shining and taste is increased. Vegetation achieves the power of recreation through these vibrations.

7. When the soul is delightful in the sweet remembrance of almighty authority remaining in powerful form, the powerful vibrations of the soul make the land powerful. The quantity of essential

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**Yogic supplement to Organic farming brings**

**peace-bliss and cooperation.**

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bacteria is increased. Vegetation grows powerfully and firmly. No disease or virus can influence the vegetation. Our powerful vibrations help in increasing acquisition.

In the remembrance of supreme soul when we experience such divine virtues, grain acquisition become pious which influence the human mind through the food as it is said that **as the food so the mind and as the mind so the body....** In this way, Rajyoga is a holistic science which is the source of subtle powers of mind. The power of Rajyoga can do such a great activity which is better and more advanced than science. It makes impossible to possible.

1. Sometimes we can emerge the experimented planation in incorporeal world, make it full with

supreme powers. The original permanent residential place of soul and Supreme Soul which is very far from these five elements and full with golden red light is called “Incorporeal world” or

“*Brahmand*”. Similarly, sometimes we can invite the Supreme Soul on the ground, to give vibrations to the farm and the crop. Before sowing any seed in the ground, fill it with spiritual powers. Giving the vibrations of supreme power to the internal energy of the seed, prepare a cover of purity outside the seed. Now sow the seed in the remembrance of Supreme Soul. If other person is sowing the seed, we can give our vibrations to it siting anywhere.

Similarly while working in the farm, if we remember Supreme Soul in soul-conscious stage, through our vibrations, we can see very good results of the land and the crop. If we go to some other village which is very far from our farming, we can feel it very nearer through the vibrations in meditation. However far we are, our thoughts would reach to the vegetation and the land. In the same way, the person can be nearer or far to vegetation he can send his internal feelings to it like the friends of same thinking and vegetation also reply him. No electrical magnetic power can stop the function of emotions and feelings.

2. Organic fertilizer is used in the land. Fill this fertilizer with the vibrations of supreme powers like peace, purity and knowledge. Think that this fertilizer will help in making crop healthy and firm. While spilling the tonic on the crop, give the vibrations of knowledge , peace, happiness, powers, joy and love and fill the sensitive tonic with the vibrations of purity.

**Also use this experiment:-** Keeping your hand on the fertilizer, think that through the hands of me, the soul, the vibrations of purity and supreme powers are melting in the fertilizer.

3. While spilling on the crop, feel that supreme powers are also falling on the crop and all insects are running out. Crop is also becoming healthy and powerful.

**~~Mind and Body Healthy state get ensured through Organic Farming.~~**

**~~Every Village will become repository of beauty.~~**

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If you want to experiment through the practice of rajyoga, determination and faith is essential. We can get success in this experiment only when we follow the rules, regulations and discipline of the Supreme Soul. Morning meditation (*Amritvela*), listening of Godly versions regularly (*Murli class*) etc. are essential; success may be the maid of you.

### **Experiments of scientists on trees and plants :-**

- \* **Sir Jagdishchandra Bose**, the well known researcher proves, through his experience that trees-plants too have the same activities as human beings have. Vegetation can breathe without lungs; without stomach it can digest the food; without ligaments it can move; without having any nerve system it can also receive the message and can reflect it. He prepared one machine that records the internal movement of vegetation by which he proves that at the end of death moment animals and beasts baffle, vegetation also baffles at the death moment. At that time the energy from its inside comes out forcefully.
- \* **Kliv Bakstar**, famous scientist, adds something more to the research of Jagdishchandra Bose and proves that vegetations have emotions; they understand the feeling of human mind with the help of machine named “Lay Detector”. He did some experiments on vegetations. Because of the emotions of human mind, the force of energy of vegetation body becomes slow or fast. The influence of emotions is measured through **Gelvhena meter of Lay Detector** .
- \* As the human being vegetation also gives reaction to the emotions of mind; to see this he joined a leaf of *Dressina* (name of vegetation) to the machine and thought that we burn this leaf and wonderful matter is that as the thought of burning came to the mind, before taking matchbox in the hand immediately the graphic needle of the machine started to show reaction forcefully. Through that it was proved that the tree could understand the inner thought of human mind. Then second time, opposing the wish he played a drama of burning the leaf , the reaction of the tree was at slow pace. By this, it is proved that **Tree experiences the right/wrong feelings**.

After such wonderful investigations they experimented almost on twenty five types of vegetations by different people through Lay Detector and everywhere they found the same result. Through this it is proved that vegetation also has sensations. Later on they also said that strong relationship is built between any tree or vegetation and the person who looks after it. Like the friends of same pattern of thoughts vegetation keeps on giving reply to the emotions of such person whether he may be nearer or far to it. No electric magnetic power can stop these feelings and emotions.

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**Villages will be the land of the Holy Men will be OK**

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**Adopt Organic Farming by coming together on one platform.**

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\* The father of human physics **Fehnar** proved through his experiments that vegetation has personality. Vegetation knows how much food it requires and it gains by itself as per its requirements.

\* In the same way **Charles Darwin**, an English scientist, cleared that there is some incognito power in the vegetations through which they achieve understanding or intellect. In his book “ The power of movement in plants”; he wrote that the bacteria which are at the roots of vegetations work like brain. There is no problem in saying that these muscles act like brain for vegetations which grasp the messages and control the movemnts.

\* *The magician of vegetations “Luthar Barbeck” in his experiment put an application to the Nivdung* Vegetation to remove its thorns. Nivdung also accepted it and to protect it prepared to remove the thorns. He had the power to chat with nature and trees and plants. In the earthquake of 18<sup>th</sup> April 1906 when Sanfransisco was destroyed, though Barbake’s house was very near to the centre point of earthquake not a single glass of the balcony of his home was broken. According to Barbake, this was the result of building relationship of friendship with nature.

\* Looking at his different experiments, so many people asked **George Washington Kavhar**, a very well known scientist of America, whether anyone could do the same experiments and experience like you. Putting his hand on Bible laying on the table he replied – “all mysteries are hidden in it and in the consolations of Supreme Soul. Only the consolation is true; it has unlimited power, who have trust in it they all an experiment and experience like me. But for that you have to love nature and trees and vegetations...”

\* In the Annamalai University situated at Chennai Indian Ritualist (*Shastragya*) **Dr. T.C. Singh** did several experiments on vegetations through flute, violine, lyre, harmonium and such musical instruments and proved that the proper result of music is seen on the growth of trees, flowers, fruits and seeds etc.....Through one experiment he cleared that the amount of leaves increased by 72%; the growth of trees was seen 20% more. In the seven areas situated at Madras and Pondicheri he experimented music and there was 25 to 60 percent, in the product of grain. In the garden of flower, he experimented *Bharatnatyam* ( a classical Indian dance ) without *Ghungaru* (an ornament of feet) in some garden of flowers like *petunia* ( name of flower) etc..flowers were seen before 15 days. Here the trees of flowers may grasp the sensation of dance from the land and it may affect the trees. Such above-mentioned guesses were presented before him.

**When the farmer will accept organic Farming, the emancipation of**

**India will then be real.**

\* **Dr. Hemangi Jambhakar** in her article Deployment of Natural Powers, clears that it is very easy to improve soliferous land for composting and to alive the land through solar energy, moon energy and world energy, without bringing any change in the life cycle of bacteria , insects, etc. of the land. Only by deploying the energy they can be speedy and efficiently compete with energy. Using this power of Raizobium bacteria, do properly the function of Natra stharikaran

. Mithejenic bacteria and composting bacteria do their work more efficiently. There is possibility of sparkling minimum medicines in fast composting, controlling the insects and increasing the quantity of sugar in sugarcane. Through this there is wonderful improvement in quality and quantity of agriculture products.

It is proved that powers of mind influence the nature through the above mentioned examples. Vegetation also has emotions. So feel how concentration of mind positively influences the crops, vegetation, trees-plants etc. In the method of rajyoga with the power of mind, the powers of Supreme Soul reach to the land and vegetation. Pure, pious and healthy food is produced only through rajyoga. Impossible will be possible and your agriculture will be an effective laboratory on the stage of world.

*Notes :-*

- 1. In this article the word, “BABA” and “BAPDADA” are used for the almighty authority incorporeal supreme soul “Shiva” and his corporeal medium, the world father “ Brahma Baba”.*
- 2. “Subtle World” is that world which is far from these five elements and the perfect form of the soul stays there -- which is called the world of light, sukshma vatan or avyakt vatan.*
- 3. Surely contact Brahmakumaris centre in order to learn the methods of rajyoga and practise rajyoga.*

**I know the benefits of organic farming;**

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**who can stop me from adopting?**

## Information about

### Organic and Microbial Manure

The perpetual cosmic game of soul, Supreme Soul and the Nature is eternal, wonderful and exceptional. The ocean of knowledge, Supreme Soul, Supreme Father, has Himself revealed this mystery. The soul, through the medium of nature is playing its role in this eternal drama accurately. Along with it, the Nature has bestowed trees and plants a nourishing system close to where they are. The trees and plants have the capacity to produce what they need from the land and even the land contains the powers which are necessary for making it. But we, the human souls, have spoiled this capacity of Nature. We have done so by making use of chemical fertilizers, insecticides and herbicides. By cutting of trees, we have destroyed the nourishing system of vegetation. The land has become less limp and unfertile. To rejuvenate this land again, the use of natural organic manure along with the restoration of micro environment it is necessary that we make use of the inherent powers of the spirit for the purpose.

Firstly, we have to be attentive about the grass, roots, and other residues of the reaped crop. We should not remove this from the land. Neither need we burn them. We should bury them into the land itself. For example, we need not remove the chaff of paddy, wheat and ground nut etc. from the land. This increases the quantity of organic elements in the soil.

We have been doing all the agricultural activities firstly by killing insects with the use of chemicals. Let us decide that henceforward we shall act otherwise. We shall be beginning all the farming activities by increasing the percentage of micro-organisms and friendly insects. This will facilitate production of healthy and pure food. This is the call of time. We need to realise that it is the only way we can save ourselves along with the planet on which we live. For that, at first, we have to make the soil, fertile, live and full of vitality (through growth of micro-organisms). Making land live means that the land which has become powerless due to excessive use of chemical fertilizer, has to be reclaimed and made powerful again . The health of crop depends on the bacteria content of the land. To increase the concentration of bacteria, apply the following experiments. Keep it in mind that the first three experiments are a must for every farmer. The rest of the experiments can be applied according to the crop and as per the requirement and convenience.

**1<sup>st</sup> Experiment -- “*Jivamrut*” :-** Take 10-15 kg. cow dung of a pure local breed , 5-10 liters of cow urine, 2 kg. black jaggery or 4 liters of sugarcane juice, 2 kg. powder of any pulse {grams (chana) black grams (moong) horse beans ( udad)}, 1kg. jiv soil (the soil from the borders of the farm / or from the Dam-site) and 200 liters of water. Keep all the above-mentioned materials in a barrel for 2 to 7 days under shadow. Everyday churn the mixture with a wooden stick twice in a

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day. Then use it on the land. In one acre land, sprinkle its small amount by mixing it with water or

if the land is wet, pour it using a bucket and sprinkle on the land with a neem branch. The above-mentioned method is called “*jivamrut*”. Do this experiment with an interval of 10 to 15 days or every time while watering the field.

**2<sup>nd</sup> Experiment :- 1. Angara :-** Collect 15 kg. of soil from under the banyan tree and spread it in one acre of land when the land is dry. **2. Amrut pani :-** 250 gms. ghee of local breed of cow, 500 gms. of honey 10 to 15 kgs. of fresh cow dung of local breed of cow. First mix cow ghee into cow dung. Then add 500 gms of honey in this mixture, then stir it forcefully. Then mix this mixture of ghee-honey-dung in 200 liters of water and sprinkle it in one acre of land when the land is wet. Apply this experiment every month. Please remember that both the experiments, i.e. *Angara* and

*Amrutpani* have to be applied simultaneously. **3. Beejamrut :-** 1 kg. cow dung of local cow, 1 liter of cow urine, 50 gm. quick lime, 10 gm. asafetida , melt all these in 20 liters of water at night. Every morning stir this mixture with a rod. Before sowing the seed of any grain, just stir this mixture on this seed and let it to wet, and dry them under the shadow. Then sow the seeds. Before sapling any plant, sink the roots of it in this mixture and then plant it.

**3<sup>rd</sup> Experiment:- *Saptdhanyankur Ark* (DISTILLATE OF SEVEN SPROUTED GRAINS)**

**:-** Take 100 gms. of wheat, grams (moth, moong, chana), amaranthus (chauli), sesame (til), horsebeans (udad). Get them to sprout. Then grind them all in 10 liters of water. Let it rot for three days; add 500 liters of water in it and sprinkle it on the land after filtering it add 200 liters of water and sprinkle it on the land. This experiment can be applied every 20 to 30 days.

**4<sup>th</sup> Experiment:- *Anaj ki Khichdi* (Khichdi (mixture) of food-grains) :-** Collect 20 kgs. of cow dung, 10 liters of cow urine, 2 liters of humic acid, 1 kg. of black grams (moong), 1 kg. salt, 1 kg. horse beads (udad); 1 kg. pea; mix all these in 200 liters of water; keep the mixture in a cement tank. It should be covered, stirred twice a day for 7 to 10 days. It then can be sprinkled on the land or pour it on the land along with water while

watering the land. As a result of this the insects and earthworms will increase and humus will also be prepared. This experiment can be done every month.

**5<sup>th</sup> Experiment :-** To increase white roots of crop, boil 8 kg. rice in 50 liters of water and sprinkle the decoction on the land by diluting it in 200 liters of water.

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**Healthy Body – first Bliss, first aim is Organic Farming.**

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**6<sup>th</sup> Experiment :-** Collect 5 liters cow milk, 5 kgs. of black jaggery, and 5 liters of cow urine. Mix all the ingredients in 100 liters of water; supply this mixture in the land through drip irrigation or through bucket. So the micro-organisms get replenished in abundance.

**7<sup>th</sup> Experiment:-** To increase the potency or fertility of the land and to replenish micro-organisms,

do the following. For one acre of land: **(1)** You should use 6 tons of dung and if the dung is not available, you can use green manure. Prepare it with 1 kg. legumes – like black grams (moong), grams (chana), horse beans (udad), and 1 kg. grains like – millets (bajra, juar), sesam-seeds,

linseed, soya, 1 kg. patsan and scatter (dhencha). After 25 to 30 days of plantation, perform reverse ploughing. But be careful that it should not get stuck to the land because it will make nitrogen of the atmosphere start getting merged into the land. Irrigation of plants through this manure provides all the required ingredients to their level best in 25-30 days.

**(2) For Green Manure :** Take 2 kgs. of black-grams (moong), 1 kg. of horse beans (Udad), 1 kg. of amaranthus (Chaulai), ½ kg. Patsan (rope-fiber grass), ½ kg. chilly seeds, 1 kg. millet seeds, 1 kg. methi, ½ kg. dhania, 200 gms. sesame seeds, 200 gms. poppy seeds. Mix them; sow

them in the farm. You can use dhaincha and sanai, too. Cut the green growth after 2 months and lay the crops' layer on the land. You can also bury the crop into the land.

**8<sup>th</sup> Experiment:- Sweet kheer of all the food-grains :** Take 2 kilograms flour of each of all the cereals - namely, millets (juar and Bajra), maize, wheat and rice. Add 2 kilograms of non-chemical jaggery and add them all in 50 liters of water. Boil them and make a Sweet liquid Kheer. If you

have a smaller vessel, you can make it in two turns. After the Kheer gets cooled, add 1 kilogram PSB, and PSM (phosphotine culture), ½ kg of Rizobium culture, ½ kg. of Azetobactor culture and

add this to 100 liters of water. Sprinkle the admixture in the field when it is wet, during the evening hours when the sun is not shining or let it flow along with the flow of water. This will increase the level of micro-organism growth; plants grow better and we get good fruit or flower crop. This should be done latest by 15<sup>th</sup> day after the seeds have been sown. If it is applied very close to the rows of the crop, it gives better results.

**9<sup>th</sup> Experiment:** Take 25 kilograms of goat excreta, 10 kilograms of Neem-deoiled cake, 1 kilogram of jaggery, 1 kilogram of trichoderma, 1 kilogram of PSB (Phosphotica Culture). Mix them and add water to them. Keep the mixture for 8-10 days in a shadowy place. After the crop

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**Yogic organic farming gives happiness all around.**

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has been sown, use it on an acre of land. This will replenish all the micro-organisms. The crop will not suffer any shortage of the required nourishment. It will not succumb to any shortage of manure. (1 kilogram of goat excreta contains 2500 ml. of Zinc, 150 mg. of manganese, 60 ml. of copper and 4600 mg. of boron)

**10<sup>th</sup> Experiment :** Take 2 kilogram of millet (Juar, Bajra), wheat, maize, rice. Cook it and add milk to it. If you provide the decoction to the plantation of Grapes, Lemon, and Mango, they will give better yield.

**11<sup>th</sup> Experiment - Panchagavya :-** Take or collect 4 kilograms of dung-Slurry, 1 kilogram of fresh cow-dung, 3 liters of cow-urine, 2 liters of cow-milk, 1 kilogram of cow-butter-oil (Ghee), 2 liters of cow-milk curd, 3 liters of sugarcane juice, 3 liters of coconut-water, 12 numbers of over-ripe bananas. Add this all to 100 liters of water and pack it up in a plastic or cement tank. Keep it for 7 days at least. Stir the mixture at least twice a day. Spread this material to an acre of land while watering the crop or sprinkle it when the land is wet.

If the fresh-cow-dung-manure is used in the field, then this experiment can be done once in a year or you will need to do it once every two months.

*Note:- The initial 3 experiments are necessary for all the crops. If you need more yield, you have to do the other experiments, too.*

## Organic fertilizer

In order to make the land fertile, it is very essential to use bacteria-based organic manure. Given below is detailed information about (a) which bacteria based manure should be used in which crop, (b) the methods of its application and (c) benefits arising therefrom.

**1. Raizobium Bacteria Conservator** - This manure is used for amaranths, groundnut, black gram, pigeon pea, horse beans, gram, peas, soya, fenugreek, garlic grass etc. Use of manure in these crops results in: (i) Increase of crop yield by 15-20%. (ii) Increased seed sprouting capacity. (iii) Increase in disease resistance power. (iv) Increase in the quantity of nitrogen in the crop. (v) Maintenance of quantity of kerb: Nitrogen in the land that makes the land fertile.

For sowing the seeds, embalm 10 to 15 kg. wet seed with 250 gm. Raizobium bacteria. Embalm the seeds in such a way that the upper skin of the seeds does not get spoiled. Let embalmed wet seeds dry under the shade and plant them.

**2. Azetobactor Bacteria Conservator** - Use this Azetobactor Bacteria based conservator for barley (juar), wheat, rice, cotton, cabbage, cauliflower, sunflower, sugarcane, millet (bajra) and vegetables like carrot, radish, spinach, rajgira, bitter gourd, chilly, brinjal, tomato, etc.

### **Use of this manure results in:-**

(i) The crop yield increases. (ii) Roots get stronger and better. (iii) Sprouting and rooting capacity of seeds increases. (iv) Azetobactor Bacteria helps in resisting fungus. (v) Quality of the crop gets bettered. (vi) In different crops protein content is increased. For example, Starch content in peas, sugar in root-crops etc. Apply the above mentioned method for sowing the seeds.

**3. Ozospirillum Bacteria Conservator** - This manure is suitable for all grass category crops like corn, wheat, millet (bajra), barley (juar), sugarcane etc. The bacteria of these crops absorb 2% more nitrogen from the air in comparison to Azetobactor. This helps in achieving 15 to 16% more crop yield. By using this bacteria based manure, we can achieve steadying of 20 kilograms Nitrogen in a hectare of land.

**4. Sphurad (P.S.B.) bacteria conservator** - Bacteria manure is the main food for the growth of any crop. We get organic liquids like citric, lactic, mallic and fumeric type. This liquid converts

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insoluble Sphurad into soluble. It reduces pH of the land and stabilizes elements like Calcium, Magnesium, Iron, Aluminum. They are the elements that have no chemical reaction with Sphurad ( P.S.B) and as sphurad is in the form of orthophosphate, the crops get its benefits.

To use the above mentioned bacteria culture in one acre land, add 1 kg. bacteria conservator in 50 kg. dung and spread it on the land when it is wet in the evening . Sphurad (PH) bacteria conservator is essential for every crop. We get better results of bacteria conservator if it is used along with grain khir. For one acre farming, use one kg. of Rizobium bacteria or Azetobactor bactaia or Azospirilum bacteria (any one of these three) and 1kg. Sphurad (pH) bacteria by mixing it with 2 kg. dung manure or grain khir. Which bactria conservator should be given to which crop is mentioned in the earlier part of this chapter.

***Note :- Please filter all the liquid bacteria before using them through drip or sprinkler irrigation technique***

***Special Note:- All farmer brothers are requested to undergo training before preparing all these bacteria based manures.***

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**Fluttering Flag yellow and red, Organic Farming is just my bet.**

## Conservation of crops

Nature has given powers to all the trees to tolerate the changes that occur in nature and face the calamities that it has to pass through. If the land is extremely fertile or powerful and is replete with sufficient quantity of bacteria, then 99 % of any insect or fungal based diseases won't affect the crop. But if the land is not sufficiently fertile or powerful, the crop then, will get weakened. As a result of this many insects or diseases attack the crop. The farmers should take seasonal crop in the season assigned to it – according to the law of nature. Vegetation also can protect itself better in that particular season and give more output against less expense.

At present, the land has become flaccid (lifeless) due to the heavy reliance on the use of chemical fertilizers. Insecticides have rendered crops become feeble (weak). When insects attack the crop, the plants pass the message to the entire farm or the cultivation and all the plants get inspired to resist or face the onslaught of both insects and diseases. The plants which are weak die and the rest of the plants remain secure. Let us understand it with an example. The moment sugar or jaggery falls on the ground, the ants automatically come to eat it out. Similarly, on spotting the dead animal the vultures gather naturally and it's a wonder that the vultures that are not seen in common circumstances, come to the fore automatically. Where from do they come? Well, nature has made a system of sorts. In the same manner, when the insects attack the crop, the predator worms also come and sting or consume them. This is an automatic or natural process. But we ourselves have destroyed the micro-environment necessary for the predator worms to survive. This is why the function of the predator worms have to be performed by us. There are only 1 % vegetarian insects that harm the leaves, the flowers, and the fruits by eating them, however there are other 99% insects that prey on them and do not harm agriculture crops or plantations in anyway. We do not suffer any losses due to such non-vegetarian insects. When we kill 1% harmful insects, the remaining 99% insects also die.

This is very harmful for us. It is, therefore, very essential that as far as possible, we create the micro-environment to strengthen the land by following the laws of nature.

**Some of the techniques that are useful for strengthening the crop and for controlling the**

**insects : -**

1. Spray the mixture of 1 litre boiled milk in 15 litres of water on the crop.
2. Spray a mixture of 1/2 litre of cow urine in 15 litres water.
3. Mix 3 litres of coconut water in 100 litres water and spray.
4. Mix 5 litres cow urine and 20 kg. dung in 100 litres of water. Keep them to be soaked for 48

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hours. Stir the mixture at regular intervals. Let it get stabilised. Then mix 25 litres slurry (upper part of the liquid) in 200 litres of water then spray. Because of this *Downy* disease and *thripes*, insects will be reduced and all types of food ingredients will be available.

5. Remedy for insects squeezing juice from the crop and small caterpillars: - Crush 5 kg. of bitter Neem (margosa) leaves and squeeze juice from it; add 5 litres of cow urine in 100 litres of water. Mix 1.00 kg. dung of a local cow. Keep this mixture packed for 24 hours. Filter it on the 2<sup>nd</sup> day and sprinkle the mixture on the crop.

**6. Dasparni Ark ( 10 leaves distillation ) :-**

5 kgs. margosa (Neem) leaves	3 kgs. cow dung
2 kgs. <i>Nirgudi</i> leaves	2 kgs. <i>Kanher</i> leaves
2 kgs. cotton leaves	2 kgs. of Karanja leaves
2 kgs. castor leaves	2 kgs., gudvel leaves
3 kgs. custard apple leaves	5 liters cow urine
2 kgs. papaya leaves	2 kgs. crushed green chilly 3

Let the mixture of all these rot for 25 to 30 days in 200 litres of water. Pour this mixture in a big vessel and tie its opening tightly. By then the stock solution will be ready. Take 2 to 5 litres of solution from the bulk and mix it in 200 litres of water and spray it on to the crop. It works as insecticide and fungicide. If there is any possibility of the attack by any insect or fungus, advance spray of this solution will help you in preventing their attack.

7. Gather 15 litres of water, 250 mls. of buttermilk, 50 gms. of lime concentrate, 100 gms. of jaggery, 100 milliliters of tamarind juice, 10 gms. of asafetida, 10 gms. camphor. Mix all

these materials and spray onto the crop. This mixture will make all types of insects flee or run away or else they die. It is very effective medicine for the insect called leaf miner.

8. Boil 200 gm. Irish (butch-a khand) in 5 litres of water till it comes to half then add 3 litres of filtered cow urine. Mix this mixture or decoction in 200 litres of water and spray it onto the crop. This will take care of the **bhuri disease**.
9. Mix 1 kg. of trycorderma fungus (Burashi) in 20 kg. of cow dung and spread it in 1 acre of land. This burashi is capable of preventing crop disease called downy.
10. If the sapling are dipped in trycorderma solution, it controls the disease called dumping off (i.e. mur disease).

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**The new path of Yogic Farming,**

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**nothing to do with chemical harming.**

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**11. Some of the Fungicides :**

- (i) Spray the mixture of 1 kg. Trycoderma Burshi in 200 litres of water.
  - (ii) Mix 2 kgs. of Papaya Leaves, 3 litres of Cow Urine and 200 litres of water. Let them rot for two days. Spray the mixture after filtering it.
  - (iii) Mix 2 kgs. of Gudvel Leaves, 3 litres of Cow urine, and 200 litres of water. Let it rot for two days and spray it on the crop after filtering it.
  - (iv) Mix 200 gms. of Vayvading (vavading) pods, 3 litres of Cow urine, and 200 litres of water and let the mixture rot for 2 days. Spray after filtering it.
- 12.** Boil 100 gms. of Irish (butch-a khand) in 5 litres of water. After thoroughly boiling it, bring it down and add 50 gms. of asafetida. Keep the mixture packed for two days. Add the mixture to 100 litres of water and spray it on the Tomato plantation for preventing Downy disease. (Use it to replace M 45 fungicide)
- 13.** To protect crop from the Tamera disease prepare a mixture of 100 mls. of Bitter Neem Oil, 100 mls. of Karanji Oil, 100 mls. of Cow Urine, 10 mls. of Epsa-80 (of Amway), and 15 litres of Water. Spray the mixture for protection.
- 14.** Milk is a nutritious food; raw milk can control any type of virus and earlbright (Karapa). add 5 ltrs. of raw milk in 200 litres of water and spray on the crop.
- 15.** Take 100 gms. of each Wheat, Moth, Moong, Gram, Chaulai, Til (sesame seeds) Udad; get them sprouted by soaking them in water. Add the mixture to 10 litres of water and make paste and let it rot for 10 to 12 days. Add this to 200 litres of water, filter the mixture and spray it after filtering it. Do this while the crop is in its developmental mode and at the time of flowering and fruit-bearing. If this is supplemented by addition of 200 mls. of Amrit Pani (Nectar Water) in 15 litres of water, the result will be good as it is a good tonic.
- 16.** There are many enzymes and nutrients in buttermilk. They protect fruits and flowers from falling. To protect crop and to use its qualities as Burashi-killer, add 2-5 litres

of buttermilk of a country cow, in 200 litres of water. Spray the mixture on the crop. It will protect crops from fungus.

**17.** What to do if the farm is infested with white ants?

(i) Take 1 kg. of Buch (A-Khand) and add it to 6 litres of water. Boil water to half its volume, i.e. 3 litres, add 500 grams of asafetida; mix it in 200 litres of water and supply the mixture to

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**The Peacock in the backyard dancing.**

**the age has come now of Yogic Farming.**

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the roots of the plants.

(ii) Add 1 kg. of small pieces of green cotton plant in 6 litres of water. Boil the mixture until only 3 litres remain, at the mixture in 200 litres of water and supply it to the roots of 1 acre plantation.

**18.** For Small Fruit bearing plants, supply 50 mls. of country cow-milk or 100 grams of Maize flour in the roots of the plant. It is greatly useful.

**19.** Before you do plantation of sugarcane, grapes or banana, sow the seeds of 2 Kgs. of Onion, 2 Kgs. of Dhania, 5 Kgs. of Gram, 2 kgs. of Methi, to an acre of land. and do the plantation. After about 2 months of plant growth, get the crop merged in the land (crush it into the land). This will prevent the spread of insects causing Lokari, Mava, Tambara, shrinking etc.

**20.** If you wish to increase the size of the fruits take 200 gms. of Jyeshtha Madhu (sweet plant peel) and 200 gms. of Til into 5 litres of water. Boil it to 2.5 litres. Add it to 200 litres of water and also add 500 gms. of Jaggery (Gud). Spray the mixture on the crop.

**21. The disease called Karapa :-** Make a mixture of fresh Babool Leaves 100 gms. Add it to 2 litres of Water and boil it down to 1 litre. After the mixture cools down, add it to 200 litres of water and spray it onto the crop.

**22. Insects that suck Juice from the crop :** To control insects of the flower, mava and tudude

(i) spray 5% solution of Neem essence.

(ii) spray 8% Cow-urine mixture.

(iii) spray mixture of 2 gms. whirticilium per litre and 50 mililiter milk onto the crop.

**23.** Sprinkle flowers of radish, Sesam flowers and Yellow flower (Gainda) before plantation.

**24.** For controlling Downy (fungus) disease :

(i) Take 1 kg. of trycoderma, 2 kgs. of Dung, 2 kgs. of Jaggery, 1 kg. of gram flour. Add this to 100 litres of water and keep the mixture for two days. Filter the mixture

on the third day. Add 5 litres of this mixture and 250 gms. of Jaggery into 200 litres of water. Spray it on the crops.

(ii) Take 2 kgs of Papaya leaves, 2 kgs. of drumstick leaves, 4 litres of Cow-Urine, and keep the mixture for a day. Filter it and spray it on the crop after mixing it in 200 litres of water.

**25.** For increasing Fruit Crop Yield, provide smoke of Butteroil (Ghee) on a day , smoke of Til (Sesam seeds) on another , Vayvading seed somke on the third day, smoke of Triphal seeds

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**Protect both Agriculture and Land, adopt only yogic farmland**

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on another day; each on different days - twice a day, i.e. in the morning and evening.

- 26.** For controlling rest of the species and bigger caterpillars : take 3 kgs of bitter neem leaves, 2 kgs. of custard-apple leaves, 2 kgs. of Karanj leaves (if this is not available add 2 kgs. of Neem leaves more to the mixture), 2 kgs. of Bel leaves, 2 kgs. of White Dhatura leaves. Make a paste of all the leaves. Add this paste into 10 litres of cow-urine, boil the mixture for 10 minutes. Place it under a shadow for 2 days. Filter the mixture after 2 days and take 2 to 2.5 litres of this concoction to add into 100 liters of Water. Spray it on the crop. This is considered to be the ultimate germicide and fungicide.

These experiments are for just our practice. What we are supposed to do is to make use of the Yogic process and procedure. If the soil is strong and if we perform yoga with full concentration, taking care of the micro environment and use inter cropping, there are no chances that any insect or fungus can attack the crop. They cannot affect the crop.

*Note :- These processes and techniques are the result of continuous experimentation by the brothers and sisters of Brahmakumaris. They are practical in nature and have been tried out on field.*

**Yogic Revolution in the Organic Farm,**

**definitely leads to happiness and calm.**

## Micro Environment of Agriculture

To prepare micro environment for agriculture, many vegetations are used. There used to be many a plantation on the borders of farmland. It took care of the natural environment. Now-a-days, in the name of cleaning drive, most of the trees and plants have been removed from the borders. This has resulted in damages of two kinds, firstly the sunlight falling on the farm has become inactive and, the secondly, friendly micro-organisms also got killed in the vehement effect

of Heat. Earlier, the flow of rainwater through the farm was resisted by the plantation onto the borders of the farm and water used to get seeped in the ground, but now ... ? The trees provided

home to many birds and other friends of Agriculture. They ate away the insects infesting the crop. This is how the biological control of different damage causing insects, was done. Fast air flow and the humidity of environment could be used very beneficially. It, thus, has become necessary that we go ahead with planting the friendly trees on the farm borders.

We should plant Neem, Pangara, Sweet Neem, Glaridishi, Castor, Bakana, Shevri, Cotton, Sabja Oodoosha, in the West direction. The southern border should be anointed by the plants like Ashok, Suru, Silver Oak, etc.

Here is some detail about some of the Agriculture friendly plants.

1. Bitter Neem Tree: It controls about 250 types of insects that are harmful to agriculture. It cleanses the environment and friendly insects get a proper shelter.
2. Sharifa (Seetafal i.e. Mustard Apple): Milibugs, a virulent insect sticks to this plant and, hence, it is necessary to control this harmful insect in the surrounding farmlands.
3. Sweet Neem Tree: It is home to Bulbul, a bird variety that eats many types of insects and saves our crop from their ill-effects.
4. Yellow Flower (Gainda): The seeds of this flower control the worms (nimtode) and it provides shelter to Lady-bird Beetle – which preys on Mava and millibugs sits on this plant.

5. **Tulsi Plantation:** It generates ozone gas. It turns some of the butterflies impotent and drives all types of mosquitoes away.

### **Details of the Changeover Crop Pattern between two main Crops**

1. **White Millet (Jowar) :** During monsoon season, we should plant 6 lines of millet and 1 line of Tuvar, a pulse.

While taking the Rabbi Crop, let the gram pulse be the sixth line.

2. **Green Millet (Bajra) :** Take Moong or Udad with this crop. 6 lines of Bajra and on life of the pulses mentioned heretofore.
3. **Maize :** This crop should be supplanted with Soyabean or Chaulai up to 20% of the seeding.
4. **Wheat :** It should be intermixed with the crop of Saras or Rajgira.

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5. **Tuar (Cazans Cazan) :** A 5% mixture of either Jovar or Bajra (White or green millet) should be added.
  6. **Gram Pulse :** Six rows of Gram and three rows of Kardai, Dhania in one row mixture will be quite beneficial.
  7. **Peanuts :** Six rows of peanuts with row of sunflower or Chaulai will be beneficial.
  8. **Cotton :** The crop should be protected with three rows of Maize, Jovar, Chaulai.
  9. **Brinjal :** Two rows of maize, one row of chaulai, and 8 rows of brinjal with a row of Gainda is the ideal combination.
  10. **Cauliflower :** Let there be 2 rows of maize, one row of Chaulai, and then 20 rows of Cauliflower and followed by 1 row of Sarsaun seeds then again cauliflower.
  11. **Chilly :** Sow two rows of Maize or Jovar. There should be a row of castor followed by Til row and 10 rows of chilly and a Gainda plantation. You can mix fennel (Saunf) in this line and then Chilly.
  
  12. **Tomato :** After every 10 rows of tomato plantation – there should be on row of Gainda  
  
flower.
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**I Trust Yogic Agriculture that's going to bring holistic development.**

# **Advices for the farmers applying Perpetual Yogic Agriculture.**

## **1. Unfurl the Flag of Supreme Soul in Perpetual Yogic Agriculture**

It is essential to unfurl the flag of Supreme Soul while applying Yogic Vibrations to Agriculture. The flag consists of red and yellow colours. It makes crop sturdy and healthy. When the flag is swaying and fluttering in the air, the sun rays reach the red colour and it gets reflected onto the crop. This increases the yield and the crop gets sturdy. The Yellow colour in the flag controls the insects. When grasshopper is in the process of laying eggs and sees yellow colour, it interprets it as a flower and hence lays its eggs on it. When caterpillars are ready to come out of the eggs, they will not get proper nourishment from the colour and so they will die. Therefore, a minimum of one big sized flag should be put on the pole at a height of at least 5 feet above the crop. According to the size of the plot, you can have as many numbers of flags in the plot as required, depending on your convenience.

## **2. Farmers should be motivated to listen to spiritual songs and music while working in the farm. For example**

a. How beautiful and vast would be the one who created this world

b. My motherland pours out Gold, Diamonds and Pearls

c. My Village, My Country

d. When everyone's father is One, why the human race is vivisected into many a pieces?

Some patriotic songs, too, could be played.

Some of the songs may positively be addressed to all the five elements of Nature.

The farmers will enjoy the songs while working at the field and their happy state will have very positive impact on the crops around them. The plants and saplings too will sway with happiness.

## **Code of Conduct for those who experiment with**

### **Yogic Agriculture or Farming**

1. Yogic Agriculture Farmers should have no addiction. They should not consume anything that is toxic or intoxicating in nature – Wine, Gutkha, Cigaretts, etc.

2. They need to practise abstinence as far as carnal desires are concerned as Purity has great importance in Easy Rajayoga Meditation Method.
3. They need to consume only pure and vegetarian food.
4. They must listen to and study Divine versions regularly in the morning hours before 8.00 a.m.
5. They must desist from negative or wasteful thinking. They need to get habituated with converting negative into positive.
6. There should be no emotions of Enmity; have goodwill and powerful vibrations for all.
7. One should be self-confident and firm in mind.
8. He should be introvert and God-loving.
9. He should make it a habit of waking up at *Amritvela* (the dawn hours) and practising meditation.
10. He should have no jealousy, malice, aversion or hatred and ill-will for other.
11. He should love serving the cow. He should also nurture country cows and sprinkle their urine onto the crops.

# Experiences of the Farmers Applying Perpetual

## Yogic Agriculture

Name :B.K.Manisha

Age - 35 years



*( She is the one who motivated farmer brothers and sisters to experiment yoga in farming.)*

I, Brahmakumari Manisha, have been living a surrendered life at a B.K. centre Kolhapur for about 15 years. All regular students are farmers at Kolhapur. In 1992 when I was in Kolhapur centre, I used to do service in garden. When I came in contact with our farmer brothers-sisters, I felt their mental , financial and nature related problems. I felt that something should be done for them to make their life problem-free. But I had no idea as to how

should I go about it, what should I do? Though the government is helping the farmers financially through different projects, but still their problem remained unchanged. One day in morning murli, I came across a point which suggested that *rajyoga is an ancient yoga and through it impossible can be made possible*. During that time I was in Kalamba (a sub-centre-15 km. far from Kolhapur) where we experimented with meditation on half an acre of farming. With that experiment as per my background, I became more confident that pure thoughts and feelings can affect the plants positively.

I saw that the present day farming in which chemical fertilizer, chemical insecticides and medication are used, make our land poisonous and is getting spoiled. So I explained to the farmer brothers and sisters about the negative results of such method in future and motivated them for yogic agriculture. I explained to them that there is a close relationship between Godly knowledge, Rajyoga and agriculture. Our rajyoga is an ancient and powerful method of meditation. In the ancient times, agriculture was based on spiritual power automatically as a matter of routine activity. So, our land was powerful and productive. But now it is not so and if we want to make the land powerful again, we have to take the support of Rajyoga. If by the practice of rajyoga vicious and degraded man can improve and make his life pure, pious, happy and contented and can get rid of all addictions and vices , definitely it can influence mother Nature also.

In the method of experiencing Rajyoga-Karmyoga, we form our visions and create an attitude. Our attitudes and thoughts affect the surroundings. While experiencing meditation very

positive vibrations come out from us. They are very pure by application of Rajyoga and Godly versions in the day-to-day life, we elevate the standard of living of farmers. They give up bad habits and make themselves addiction-free. There is very good change in their manners now. People look at them as if they are angels and they also experience yogic life. Now almost 80 farmer brothers and sisters from Kolhapur center have adopted yogic and organic farming.

To make our country spiritually powerful again, adopt yogic agriculture method, so that country can be a super power authority. By producing venom-free food, may all our farmer brothers and sisters become food-patrons. This would make our mind and body achieve immortal health. This is the best wish that I can offer.

## Experiences of the Farmers - 1

**Name of the farmer :** B.K.Tulsibhai

**Age :** 43 years

**Village :** Shantivan

**Dist :** Sirohi

**State :** Rajasthan



I came into contact with Prajapita Brahmakumaris Ishwariya Vishwa Vidyalaya at Barshi centre in 1983 and from that day onwards, I became a regular student of this university.

Agriculture is my paternal occupation. As I had to help my father in farming, I had to quit my studies after completing 12<sup>th</sup> Standard examination. While helping my father in farming, I studied further and graduated in agriculture science from Yashvant Chauhan Mukta University, Nasik (Open University). Farming was my hobby since the very beginning. Reading literature related to agriculture, I used to apply different techniques in farming. I experimented different usages of meditation and played Godly songs in the farm. Over and above this, I also used chemical manure and insecticides and fungicides. This method was very successful and I got in plenty of crop-yield. It was in the year 1993, that I read about the ill-effects of chemical farming in a book. I could not help crying

throughout the night because I remembered divine versions that shunned violence of all kinds. Our Supreme Soul Shiv Baba says : “ take blessings and give blessings”. I realised that by feeding food

contaminated with chemicals to the people, I am getting curses of all. After this according to inspirations of Shiv Baba, I decided to do organic farming. I studied the concept in depth and mastered the subject. I participated in workshops and asked the experiences of other farmers who were applying organic farming method in their farms.

In 2003, at a National level Exhibition, I qualified for the first and the third prize for the two breeds of Pomgranate. I also got first prize for the crop of brinjal, millet (juar), bitter gourd,

tomatoes, cucumber, muskmelon and watermelon. The agriculture department of Maharashtra felicitated my father by “Udyan Pandit Puruskar”, an award for horticulture and agriculture.

However, I did not want to stop at that. My desire was to do farming in the land of the Supreme Soul where He has been perform His divine duties, i.e. Madhuban (Mt.Abu), Rajsthan . There reside extremely pure, holy and pious souls. It was sad that they had to eat food with harmful chemicals in it. How can we consider such food pure and pious? Such thoughts started whirling in my mind. I have been practising farming in Madhuban after having shifted my permanent residence there since 2005.

Last year, in 2007, we planted muskmelon in Tapovan. The results that I got there are really surprising.

Why did not anyone use any chemical fertilizer or insecticide? To increase bacterial growth in

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the farm, we used cow dung manure, margosa fruits (nimudi), Amrit pani, Jivamrut, Jaggery, cow urine, seven-grain distillate (sapt-dhanya ark), etc. To control toxic insects, I used cow urine, margosa oil, buttermilk, ten-leaves distillate (dash-parni ark), lemon acid, tamarind juice etc. To control the viruses which affected the crop of muskmelon, we rang copper bell (generally used in the temples) for 20 minutes each in the morning and in the evening punctually. The sound of the bells controlled the viruses. We also played Godly songs along with the bell.

To increase the size of the fruit, I saw to it that the plantation received smoke of Til, Trifal and Vayvading. As good fragrance delights our mind, the crop also breaths and feels delighted; it helps in increasing production. We also sprinkled milk and coconut water which prevented viruses. We also affixed the flag of God Shiva in which there are red and yellow colours. Red colour helps in increasing crop. Looking at yellow colour, the caterpillar used to lay its eggs on the flag and as the fledglings never got any nutrition from the flag, they died a natural death. In return, the crop too got protection against their invasion. Through all these experiments on brinjal, cauliflower, cabbage, pea, tomato, papaya and pumpkin, we got good and pure crop from the farm.

We also practised meditation. Seating in the farm in front of the crop, we practised like this

“I am the Master of nature. I am the highest, the holiest, and the richest soul .... No virus can attack my crop.....”

As we gave such powerfull vibrations and powerfull thoughts to nature, the crop too got healthy. This is my personal experience that God has all along with me. And because He is with me, success in all my ventures and adventures is ensured.

Sometimes I invite God Shiva in my farm. I really felt that Shiv Baba actually came and said,

“ child do this, do like this..” I receive from Him such touchings (inspirational vibrations and advices). We get touching in advance depending upon the level and quality of relation with the Supreme Soul. He guides us about the seasonal changes and also about the onslaught of viruses. This facilitated us in preventing the damage and could save our crop. We do the same meditation practice for every crop at *Amritvela*. By applying such methods, we get success beyond our own expectation. This, in turn, increases our confidence. We become more firm on the thought that pious and pure thoughts of mind influence the crop positively and it gives more output.

So, my dear farmer brothers and sisters, you should also study Rajyoga; generate pure and positive thoughts in mind and remain in perpetual yogic state so that Perpetual Yogic Agriculture becomes a reality and you produce more and healthy food, live a happy life, have a healthy body and be instrumental in converting the dream of the heaven into reality.

**Every farmer will dance to the tune of organic farming.**

## EXPERIENCE – 2

Name of the farmer : B.K. Balasaheb Shripal Ruge  
Age : 37 years  
Village : Ichalkaranji  
Dist : Kolhapur  
State : Maharashtra



As I was born in a family following Jain faith, only Mahavir Swami was

my god. But when I came into contact with Prajapita Brahmakumari Ishwariya Vishwa Vidyalaya about 7 years ago, I got real introduction of God and came to know about the achievements that men get from Him. My mother and wife have been regular students of this university. I practise different experiments through meditation. I do experiment of yoga on my own body. I suffered from extreme back pain but through meditation I got rid of it completely. Now I have no back pain. My physical (of this birth) mother suffered knee pain and my spouse was living under stress. I got 100% success in all these troubles. My son is just nine years old and, he has been operated upon

many times. He was living on medicines only. When he was 2 years old, I took him to Baba's home (Madhuban). The moment he put his step in Baba's home, he got rid of all the medicines and now he is healthy.

Our main business was agriculture and so I also did farming. A couple of years ago, during the Campaign of Rural Development Wing, a sister institution of Brahmakumaris arranged a programme on the theme of "Farming through Meditation". A thought came to my mind: why should I not apply this experiment of meditation on the crop of sugarcane? I took a quick decision and started the experiment. Last year, I reaped crop of sugarcane by using chemical fertilizer and some pesticides and herbicides but when in the same farm I planted the sugarcane for the second time, I used only organic fertilizer and began my meditation experiment according to guidance of B.K. sister Manisha. In the year 2006, I planted crop of sugarcane. I used Jivamrut and cow dung as fertilizer. I

used 4 tons of dung and sprinkled Jivamrut 6 times in a plot of 3/4 acres. Azetobector and Phosphorus bacteria were also used. In the first month itself, the difference was seen in the crop. There was more progress visible in the sugarcane growth than the previous year. I did meditation in the farm Everyday at *Amritvela*, sitting in the farm in front of the crop. I gave vibrations through which the powers of Supreme Soul were made to reach to the land. The land had lost all its vitality due to the inadvertent use of chemical fertilizer. It had now come back and the crop of sugarcane grew healthy. Through the vibrations of such powerful thoughts the sugarcanes grew very fast. Everybody who looked at it asked : which fertilizer are you using? Your sugarcane

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crop has grown manifold than the previous year? I continued with my study. Then in the month of April, the crop was going to be yellow and so every family member got confused . They suggested me to use Urea so that such a good crop would not go out of hands. I was also confused. I thought

to go to the centre and ask sister Manisha about it. When she came to see the crop she said “we all will do meditation here”. The same thought was given in meditation to all that the pure rays of the

lord were coming from the ocean of purity and that they were falling on the crop and the crop of sugarcane was becoming fresh. Through this experiment, sugarcane was seen getting fresh again. Then in the month of June, I used more organic manure. There were bacteria in this manure which caught the vibrations of meditation. According to the law postulate earlier, what we think the bacteria acquired, they started working according to it. In the month of June, because of heavy rain, the pace of growing sugarcane accelerated. In this way the month of July and August also passed and September came. In this month, the disease like wooly aphids gets spread everywhere in the crop of sugarcane. To dissipate the diseases the other farmers used chemical fertilizers but

we dissipated all the diseases through thought power. We took a thought that the pure rays were coming from the ocean of purity and rejuvenating the plot of sugarcane.....and wooly aphid was

disappearing. We did this experiment only for 2 days and the disease got disappeared within two days. Other farmers used chemical fertilizer by which the disease didn't dissipate completely and

with the use of meditation it was cured 100%. The experiences gained through the experiment of meditation increased our confidence that our thoughts really have powers. To protect the crop I used cow urine, milk and coconut water. Before this experiment, I had got 28 metric tons (28000 kg.) of output of sugarcane in 3/4 acre of land and after this experiment, I achieved 32 metric ton (32000 kg.) output from the same field and I saved my Rs.2000/- from the expenses.

Second time when we experimented a little differently. This time we made two plots of wheat. We used the same organic manure for both but we began the experiment of meditation

only on one plot. We sent the experimented wheat for research. Through report we came to know that wheat from the experimental plot the value of protein, fat, carbohydrate, calorie is reduced and the value of fiber is increased and even the size of grain is also bigger than others. This fiber based grain is very beneficial for the body. Production also increased.

Many benefits are seen when such type of experiments are applied. Resistance power of land also increased and it became more powerful. By the use of chemical fertilizer, the viruses

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**India on the threshold of Heaven – going ahead with Yogic Farming.**

which were inside the land died and by organic fertilizer the quantity of bacteria increased. To kill the bacteria by using chemical fertilizer and insecticides is a sin. Using organic fertilizer, we saved ourselves from the sin of violence. Body becomes healthy by eating such food because there are powers of supreme and pure authority in it; such powers cannot be gained from the grains produced through chemical fertilizer and drugs.

When we emit meditative vibrations on the crop they also affect the land, air and water because there are also bacteria in such elements which are live. Our vibrations affect them also. e.g. we can feel the difference of peace in the atmosphere of temple and cremation ground. People going there think as according to the occasion or place so the atmosphere becomes the same. If a new man comes there, he will feel accordingly. When we do farming in the remembrance of Supreme Soul God Shiva, the land, water, air, also gain the vibrations of peace, purity and power there. The grains also get the same powers. By these experiments the quantity of bacteria is increased and also production of grain increases. Many types of diseases and insects that attack the crop get annihilated or killed.

Having become part of this experiment, many farmer brothers and sisters have started experimenting the same process. Each one of them has a different story – well, all are very encouraging and conform to the expected results.

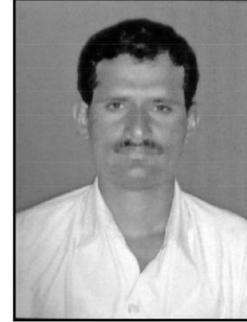
**The sun gives light to the Crop,**

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**May men give it his Own enlightening Prop.**

## EXPERIENCE – 3

Name of farmer	-	B.K. Bholanath Shivlinga
Age	-	36 years
Village	-	Takvade
Town	-	Ichalkaranji
District	-	Kolhapur
State	-	Maharashtra



I am a regular student of Prajapita Brahmakumari Ishwariya Vishwa Vidyalaya, Ichalkaranji centre of district Kolhapur. I have been practising Meditation for last 8 years. I have four acres land for farming, from which I

planted sugarcane crop in 13 Aar field on 5<sup>th</sup> September, 2006. The inspiration and guidance for practising Rajayoga in farming was given by sister Manisha, in-charge of Kurundvad sub-center. Then I started the experiment of practising rajyoga on my crop. Everyday I would practise Rajyoga meditation and address my crop. While practising Rajyoga, I used to feel that the Supreme Father, Supreme Soul, the ocean of - knowledge, love , peace, bliss, happiness, purity and power- is with me and showering all his vibrations on me and through me they are dissipated around me and on the crop. I regularly made my farm emerge before me from 4-00 a.m. to 5-00 a.m. in the morning. Even while working in the farm I practised Rajyoga. I used to spread the rays of eternal qualities of soul ( peace, love, purity etc.) on the crop everyday from 4.30 to 5.00 a.m., i.e. the period of Amritvela. I also made all the pious qualities of nature emerge before me. While working in the

farm we remained in sweet remembrance of Supreme Soul God Shiva. Seven-eight brothers and sisters of Takvade class did meditation for ½ hour once in a month at my farm. I observed that by

practicing Rajayoga meditation, the yield of the crop of sugarcane increased, and the quality also got better in comparison to the sugarcane yield of the previous year ( which was produced by chemical fertilizer) . During this experiment I used cow urine , cow dung , ozotobector and phosphorous P.S.B. Culvar for sugarcane in place of chemical fertilizer. I also used grain slurry

thrice and once grain kheer. To protect the sugarcane crop from wooly aphids, I, instead of using chemical insecticides, applied filtered slurry of one Kg. cow dung and 1 litre water in the morning hours. I took 75 ml. of water from it and 50 ml. of cow urine and sprinkled it through spray pump by mixing it in 15 litres of water . I sprinkled this type of mixture two times in June and August , 2007. I reaped this crop in January, 2008. The total yield was about 21 metric tons (21000 Kg.). My total expense were of RS. 2964 /- that included ploughing seeds of sugarcane and for spraying the above mentioned organic fertilizer and organic material etc. Earlier, I had got only 16 Metrics

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tons (16000 Kg. ) of sugarcane output from the same farm but the total expense of using chemical fertilizer was RS. 5900/- . I saved about RS. 3000/- in 13 aar field by applying Yogic Vibrations and organic fertilizer and I gained additional 5 metrics tons (5000 Kg.) of sugarcane.

My personal opinion is that Shashwat Yogic Kheti ( Perpetual Yogik Agriculture ) is a very good method of farming . Our lifestyle takes an upward turn year after year. The old concept of “Jivo Jeevasya Jeevanam” i.e. a life form survives by devouring another life form and also “Jeev Jeevaat Jaayate” i.e. a life form comes to life from another life form. This cycle has been going on for ages. However, in the present case there is no need to kill any insects. We get good crop and the crop is also of high quality. By practising Rajayoga Meditation, our mind also becomes healthy along with improvement in the crop. Such is my personal experience.

**Let the message of Organic Farming reach all around,**

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**that's the key to country's health becoming sound.**

# Comparative Study of Perpetual Yogic Farming and Chemical Farming...

In Chipri Village of Shirol Tehseel, in the Kolhapur District of Maharashtra State, Farmers made a comparative study of the difference between the Yogic Farming process and the Chemical Farming on the crop of Tomatoes. The experiment was done on the **Namdhari 2535 breed** of tomatoes. The crop from the both the experiments were sent for analysis in the research laboratory. The findings of the comparative study are as given below.

Particulars	Yogik Farming	Other Farming
Name of Farmer	Kumar Babu Powar	Dinkar Tatoba Pawar
Field	18 AAR	38 AAR
Date of Planting	24 <sup>th</sup> April, 2008	25th April, 2008
	In this experiment, no organic or Chemical Fertilizers were used	Urea - 50 kgs. Potash - 200 kgs., Super Phosphate - 100 kgs. Sampurna (19:19:19) - 100 kgs. DAP - 200 kgs. Neem Seed Cakes - 150 kgs. were used
	No pesticides were used - neither Yogic nor Chemical.	Pesticides and fungicides were used as follows 1 kg. of M-45; 1 liter of Tiltop 1 kgs of Bioctin; 1 liter of Rogor 1 kg of Dunet; 1 kg. of Topas
	Crop was watered 4 times	Crop was watered 4 times
	Rajayoga / Meditation	No Rajyoga / Meditation

was applied on this crop      was experimented on this crop

Expenses till Ploughing (Rs.)	1360.00		3200.00	
Seeds Expense (Rs.)	440.00		660.00	
Fertilizer Expense (Rs.)	00.00		9800.00	
Crop Conservation expense (Rs.)	00.00		3000.00	
Labour Expenses: weeding,	4220.00		10080.00	
watering, tying (Rs.)				
Total Expense (Rs.)	6020.00		26740.00	
<b>Total Expense per Acre</b>	<b>13378.00</b>		<b>28147.00</b>	
Total Crop	18 Aar	6150 Kg.	38 Aar	14400 Kg.
Total Crop per Acre		13667 Kg.		15158 Kg.
Market Value of crop		77446.00		85895.00
per Acre (Rs.)				
Profit (Rs.) per Acre		64068.00		57778.00

### Food Analysis of Tomato

Parameters	Yogic Process		Chemical Process	
	Result	Unit	Result	Unit
Fat	0.11	%	<b>0.20</b>	%
Protein	<b>1.13</b>	%	0.74	%
Carbohydrate	<b>5.63</b>	%	4.15	%
Energy Value	<b>27.47</b>	KCal/100 gms.	19.5	KCal/100 gms.
Vitamin – C	<b>14.9</b>	mg./100 gms.	6.05	mg./100 gms.

The analysis clearly shows that the yogic process in comparison to the chemical saves a sum total of about Rs. 14769.00 per acre and as the expenses under the Yogic process is extremely low, the profit margin of the Yogic process is higher by about Rs. 6290.00. The quality of the organic process is better than that of the inorganic of chemical process.

It can be easily said that the expenses under the yogic process are low and the profit is more in comparison to the chemical process. Small farmers will not have to borrow money from money lenders and the best of all the benefits is that the crop (fruits, vegetables etc) through the yogic process makes mind and body healthy.

**Shri Kumar Bapu Povar from the village Chipari,**

**Teh. Ichalkaranji, Dist. Kolhapur, Maharashtra, who produced tomato through yogic farming shares his experience like this:**

Professionally I am a farmer. About two years ago, I got a chance to attend a “Sarpanch

Conference” arranged at Mt. Abu. The spiritual and powerful atmosphere and dedicated and *alokik* behaviour of the brothers touched my heart. I decided to join this university and after that I regularly practised Rajayoga Meditation and listened to daily Godly versions. One day a programme of yogic farming by Rural Development Wing was arranged at Ichalkaranji centre. I attended that programme. Many a farmers expressed their experience of successful Yogic agriculture in the meeting. I decided to follow the suit on the spur of the moment and went ahead with the decision.

In the remembrance of the Supreme Soul, I myself sowed tomato seeds and practised meditation regularly on that farm. Due to this the seeds sprouted nicely. This dates back to 24<sup>th</sup>

April 2008 when the heat was at its peak. Because of the heat, the plants of surrounding farms

started drying and dying but I had full confidence on Baba. I knew that he would ensure safety of my farm and hence I didn’t arrange anything for shadow. My unswerving faith and trust worked

and the plants of my farm continued excellently and speedily. The farmers of the surrounding farms

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**We shall try, we shall strive, We shall go for organic drive.**

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were surprised to see this type of magic.

After that I prepared ½ acre farm and planted the saplings in remembrance of Shiv Baba. I felt that Baba was helping me in planting. I planted these saplings on 25<sup>th</sup> May 2008. After that our

plants started growing fast. I had taken a crop of millet (juar) in that farm in the past season. Having got it removed, I didn't pour any type of manure (organic or inorganic). I didn't use any type of

tonic or insecticides to protect or nourish the plants. I gave only Yogic vibrations of peace, happiness, purity, bliss, joy, powers through Rajyoga to the crop.

By this experiment only the plants of tomato were growing. We watered the farm four times. There were 3 to 4 rain showers during that period

Our farm was ½ km. away from the village; sitting comfortably at home, I managed to provide *sakaash* (Yogic Vibrations and Light) through Bapdada creating a mental image of my farm and making it emerge before the mental eye. While working in the farm, I continuously felt the presence of Supreme Soul God Shiva with me. I also entered into dialogue with Him. On one of the occasions, I experienced that Supreme Soul Himself was showering the rays of light on my farm. Later on the center-in-charge sister BK Asha unfurled the flag of Supreme Soul God Shiva in my farm and all the brothers-sisters of my class did group meditation. After that, whenever I went to the farm, I gave *sakaash* to it and meditated there sitting under the furling flag. Consequently, I got a crop beyond my own expectations. Having seen the tomato plot cultivated under the yogic

farming process, the representative of **Star TV**, broadcast the entire shoot in the channel under the title of “**STAR MAZA**” i.e. **MY STAR**, on 9<sup>th</sup> August, 2008. It was re-telecast thrice on the channel.

Witnessing the magic of meditation everybody from my village wished to learn Rajayoga meditation. My dear farmer brothers, take this opportunity of recognising God, who has come to India. Know the mysteries of karma; cultivate nutritious, powerful and healthy food through the power of meditation without using insecticides or chemical fertilizer.

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**Pure food-grain and bright faces, May the land give Golden traces.**

# Comparative Result of Vital Nutrients in Tomato crop produced through Perpetual Yogic Agriculture



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 Email : nataripune@yahoo.co.in

Report No. : 08-09/0768

Date of issue : 20/08/2008

Issued to : Mr. Kumer Pawar  
 At Post Chiplri, Tal. Shirol,  
 Dist. Kolhapur

### TEST REPORT

- 1 Sample Name : Organic Tomato (CI - 0825)
- 2 Date of sample receipt : 01/08/2008
- 3 Your Ref. No. : Request form with samples
- 4 Brand Name : ---
- 5 Sample Pkg : Plastic Bag
- 6 Sample collected by : Client
- 7 Customer Code No : 0108/0311/0825
- 8 Date(s) of testing : 02/08/2008 to 19/08/2008

SR.NO.	SAMPLE NAME	PARAMETERS	RESULT	UNIT	TEST METHOD
1	Organic Tomato	Fat	0.11	%	IS : 12711 - 2005
2		Protein	1.13	%	AOAC 920.152
3		Carbohydrates	5.63	%	IS : 1656 - 1997
4		Energy Value	27.47	Kcal/100 g	IS : 1350 (P-II) 2003
5		Vitamin C	14.90	mg/100 g	IS : 5838 - 2005

*P. Kulkarni*  
 Verified by  
 (Padmaja Kulkarni - Analyst)

*B. D. Kulkarni*  
 Authorised by  
 (Bhagyashree Kulkarni - Analyst)

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Pray mother earth  
 with organic  
 farming, it will fill  
 you with power  
 ever thriving.



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Report No. : 08-09/0769

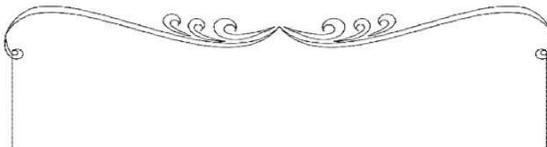
Date of issue : 20/08/2008

Issued To : Mr. Kumer Pawar  
 At Post Chiplri, Tal. Shirol,  
 Dist. Kolhapur

### TEST REPORT

- 1 Sample Name : Inorganic Tomato (CI - 0826)
- 2 Date of sample receipt : 01/08/2008
- 3 Your Ref. No. : Request form with samples
- 4 Brand Name : ---
- 5 Sample Pkg : Plastic Bag
- 6 Sample collected by : Client
- 7 Customer Code No : 0108/0312/0826
- 8 Date(s) of testing : 02/08/2008 to 19/08/2008

SR.NO.	SAMPLE NAME	PARAMETERS	RESULT	UNIT	TEST METHOD
1	Inorganic Tomato	Fat	0.20	%	IS : 12711 - 2005
2		Protein	0.74	%	AOAC 920.152
3		Carbohydrates	4.15	%	IS : 1656 - 1997
4		Energy Value	19.5	Kcal/100 g	IS : 1350 (P-II) 2003
5		Vitamin C	6.05	mg/100 g	IS : 5838 - 2005



Strong and sturdier  
the crop, we shall  
have generation of  
people top.

*Padmakunde*

Verified by  
(Padmaja Kulkunde - Analyst)

*B.D. Kulkarni*

Authorised by  
(Bhagyashree Kulkarni - Analyst)

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